



Specimen Handling for Molecular Success

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Consulting fees (to my institution) – Genentech, Lilly

Research funding (to my institution) –Genentech

Specimen Challenges

QUANTITY



QUALITY



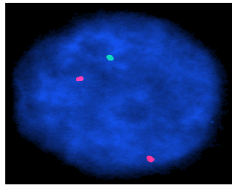
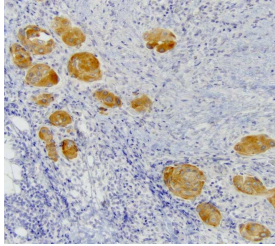
QUANTITY

How much does your assay require?

How much tissue (total DNA)?

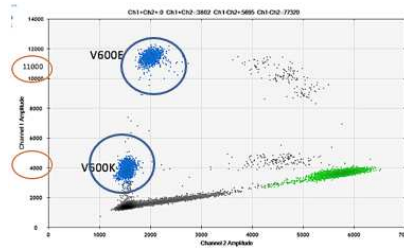
How much tumor (percent tumor content)?

In situ assays



50-100 *cells*

High sensitivity single gene tests



5-15 ng
nucleic acids

Panel NGS

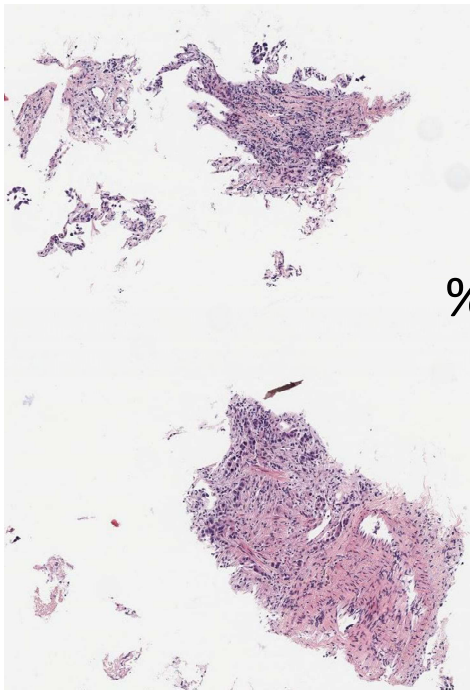


50-100s ng
nucleic acids

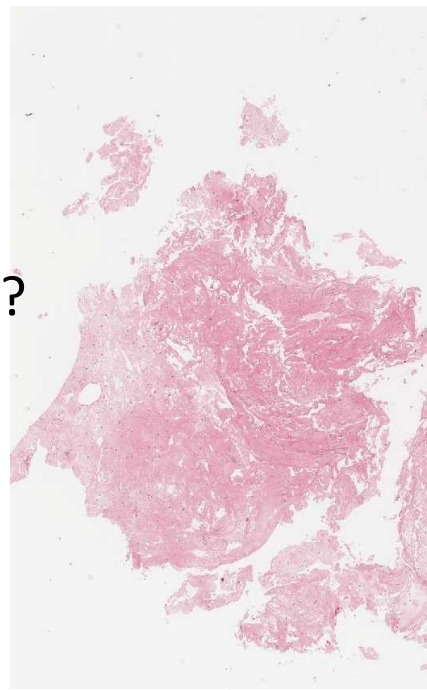
For high-complexity, high-cost tests,
establishing clear tissue size criteria
will increase likelihood of success.

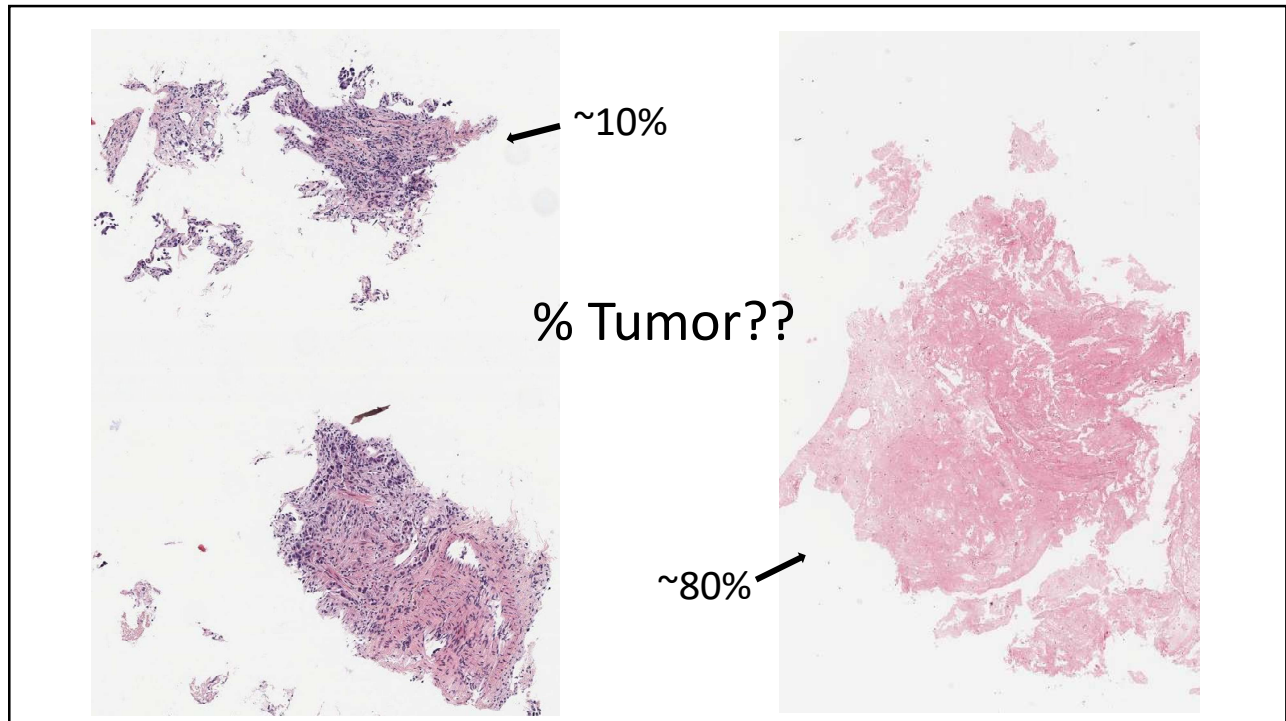
Area: at least 3mm²

Amount: 10 x 5µm slides (or 5 x 10 µm)



% Tumor??





Published: 26 July 2013

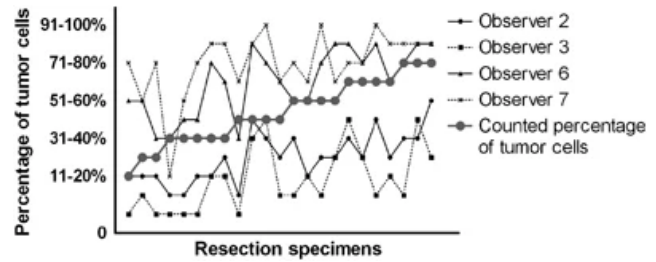
The estimation of tumor cell percentage for molecular testing by pathologists is not accurate

Alexander J J Smits, J Alain Kummer, Peter C de Bruin, Mijke Bol, Jan G van den Tweel, Kees A Seldenrijk, Stefan M Willems, G Johan A Offerhaus, Roel A de Weger, Paul J van Diest & Aryan Vink [✉](#)

Modern Pathology **27**, 168–174 (2014) | [Cite this article](#)

What is the problem?

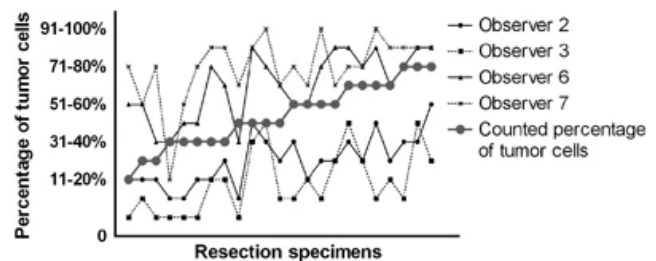
- Significant interobserver variability
 - Systematic overestimation
 - Systematic underestimation



Smits et al. Mod Pathol. 2014 Feb;27(2):168-74

What is the problem?

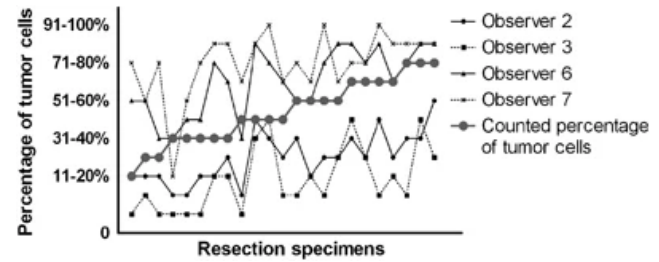
- Significant interobserver variability
 - Systematic overestimation
 - Systematic underestimation
- Random error
 - Misinterpretation
 - Benign/reactive vs malignant glands



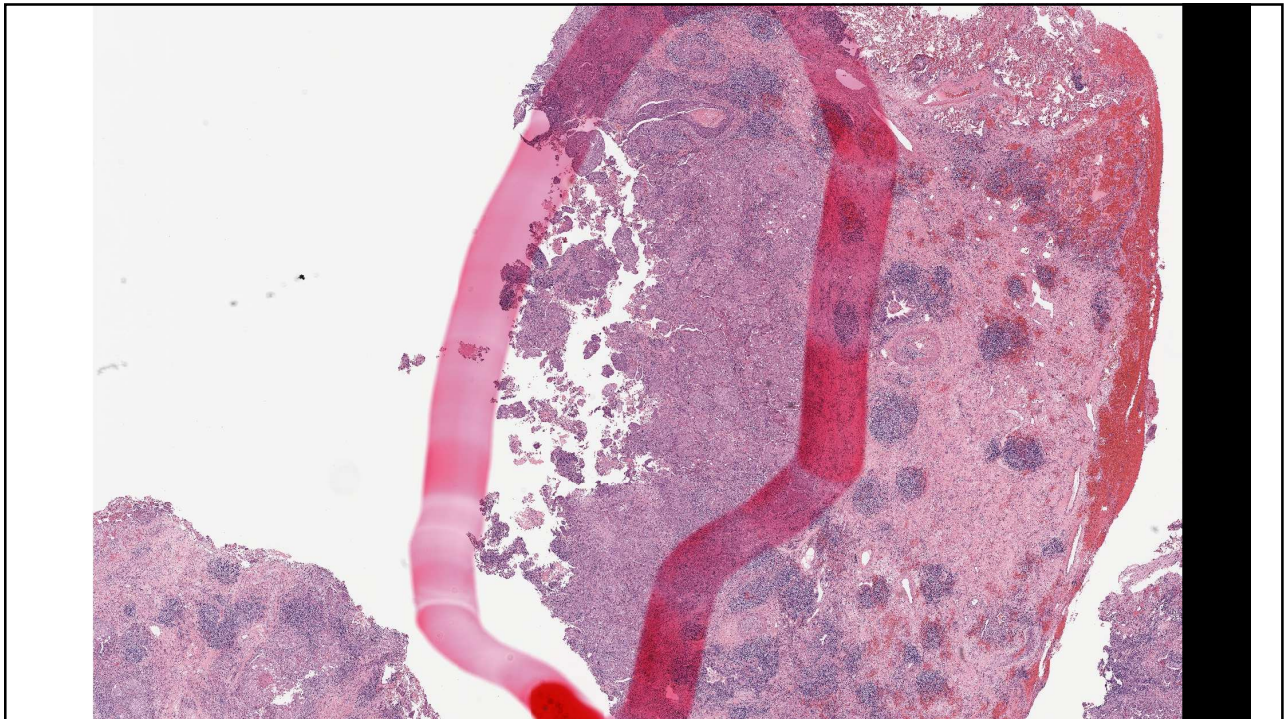
Smits et al. Mod Pathol. 2014 Feb;27(2):168-74

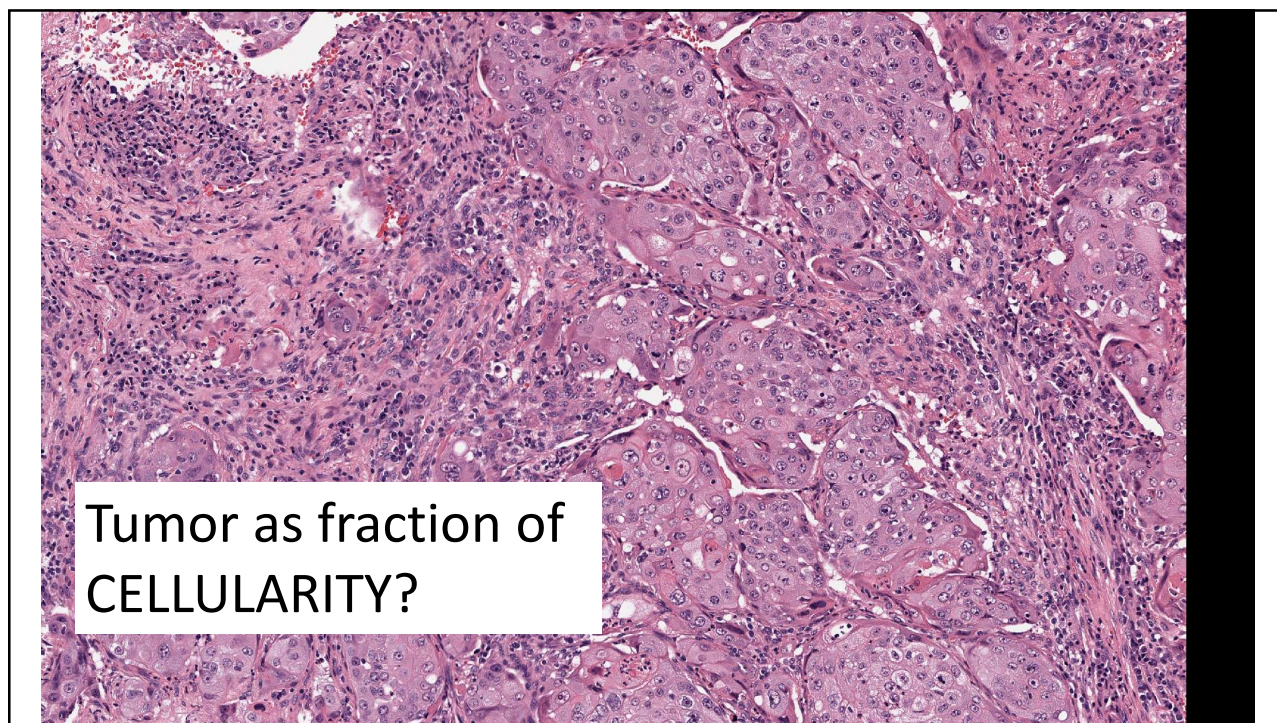
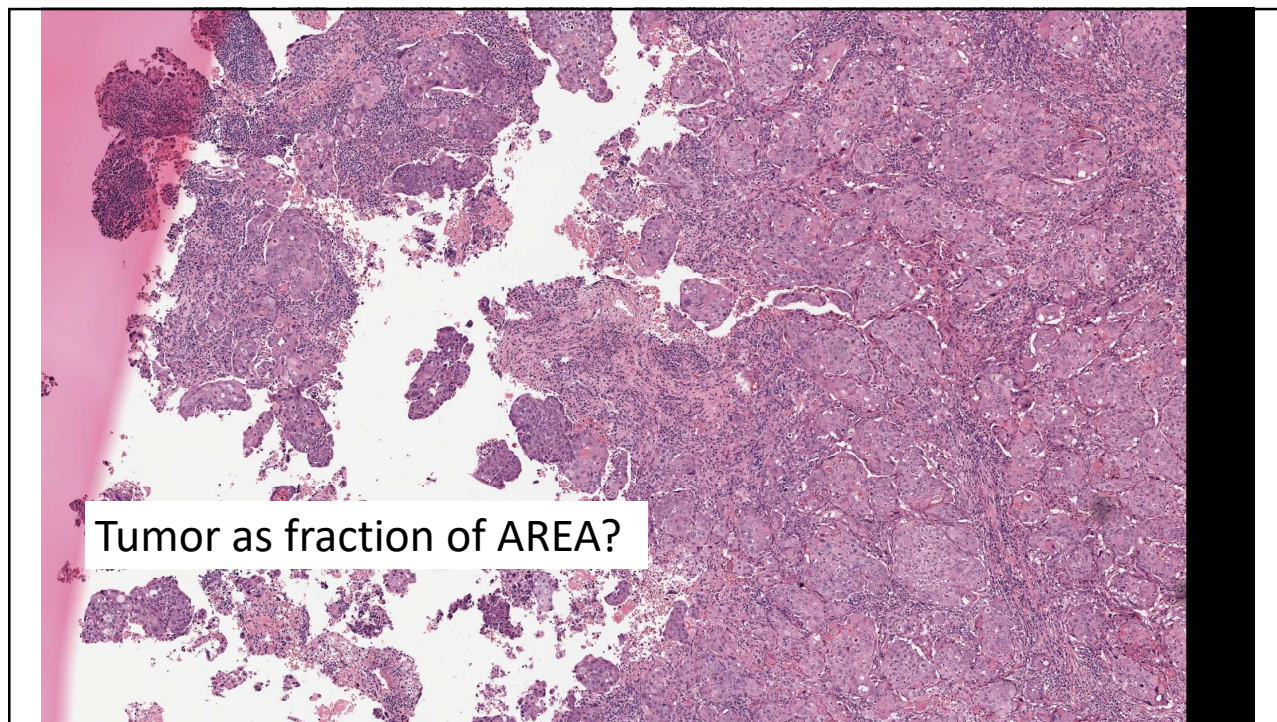
What is the problem?

- Significant interobserver variability
 - Systematic overestimation
 - Systematic underestimation
- Random error
 - Misinterpretation
 - Benign/reactive vs malignant glands
- Failure to feedback test results to pathologists



Smits et al. Mod Pathol. 2014 Feb;27(2):168-74



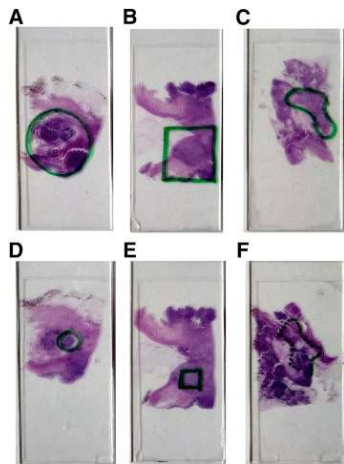


What does the molecular testing suggest?

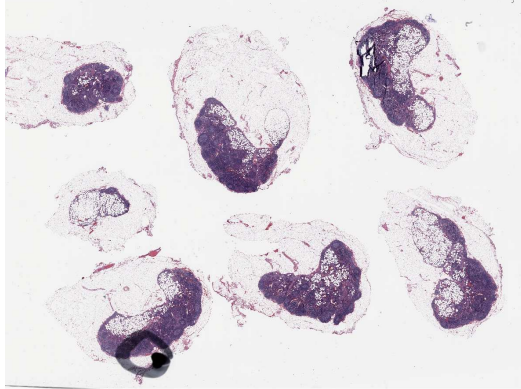
- EGFR L858R mutation at 28% of reads
- TP53 Q331* mutation at 16% of reads
- Polysomy of chromosome 7 (including EGFR, 4-5 copies)
- Loss of heterozygosity on 17p (including TP53)

- Estimated 20% tumor content

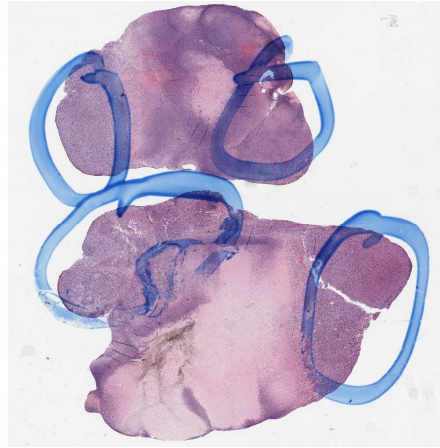
“Oncocircling”



Risks



Tiny tumor focus, complex slide profile.



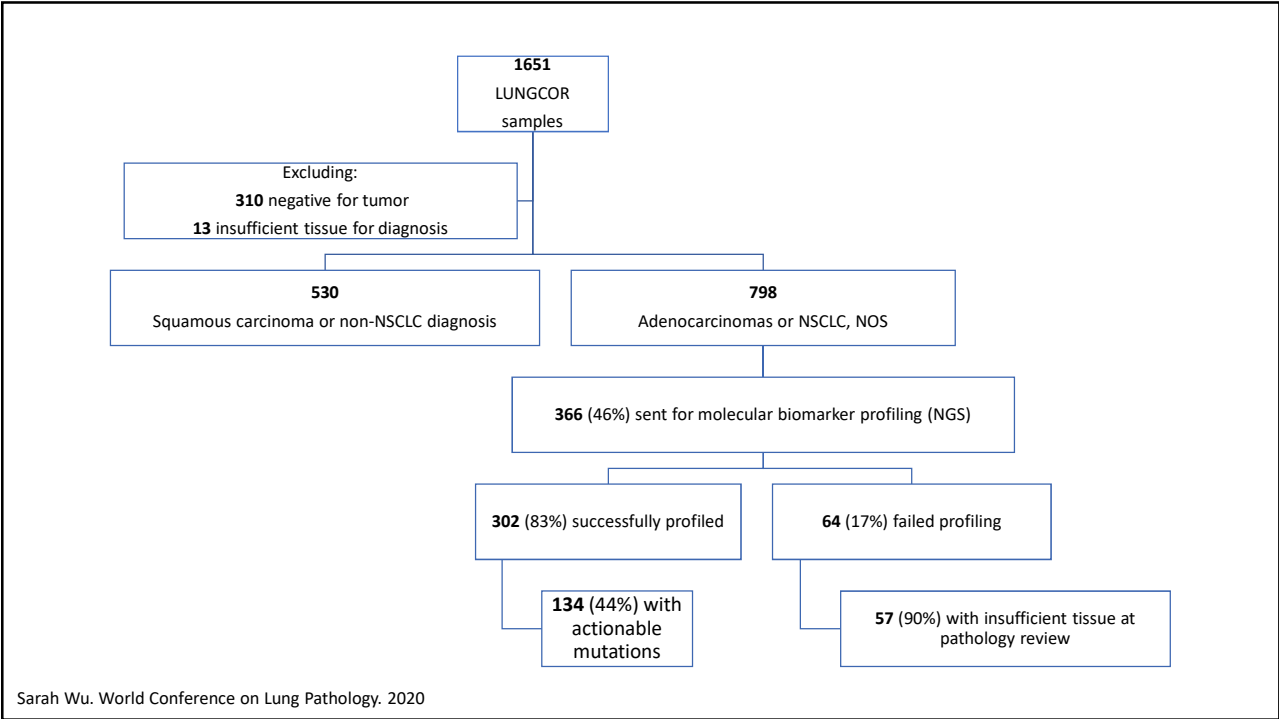
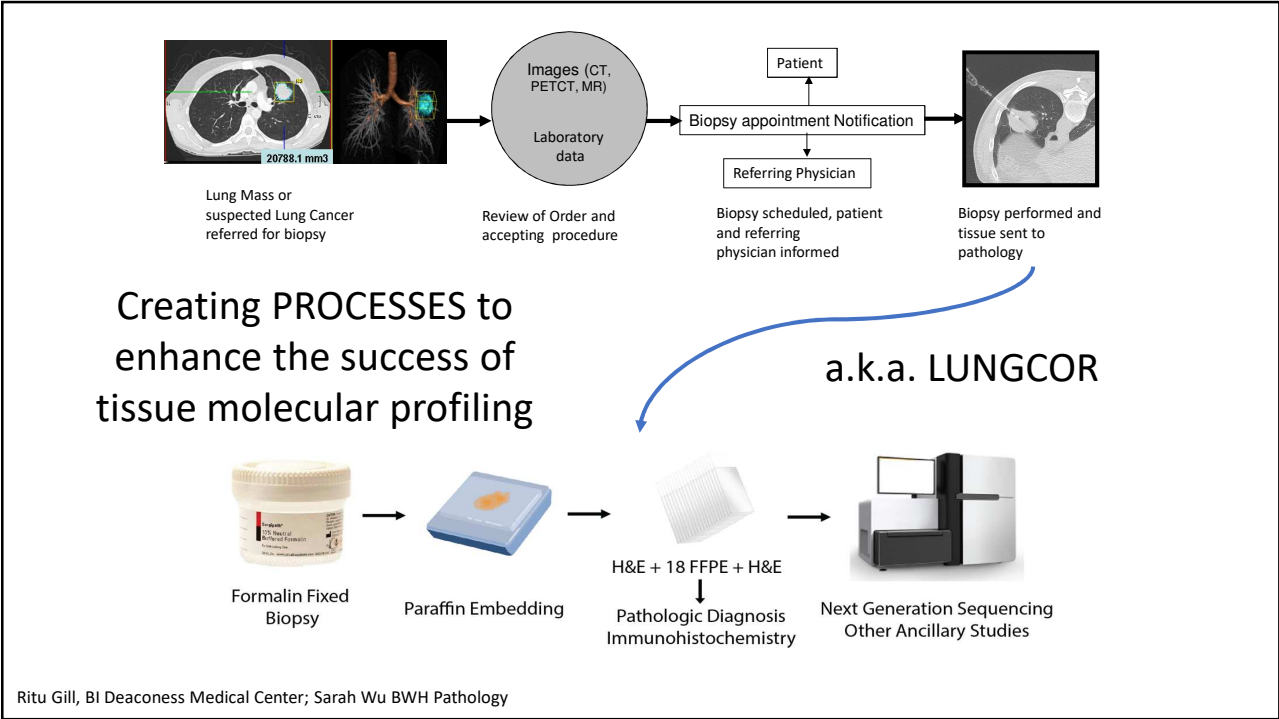
Large, pure tumor. Extensive necrosis.

Sample adequacy is a major challenge for tissue biomarker testing.

- Meric-Bernstam et al. J Clin Oncol 2015: <50 gene panel:
- **77%** of advanced stage cancer patients (all types) have adequate tissue

- Sholl et al. JCI Insight 2016: 270 gene panel:
- **72%** of cancer patients (all types, all stages) have adequate tissue

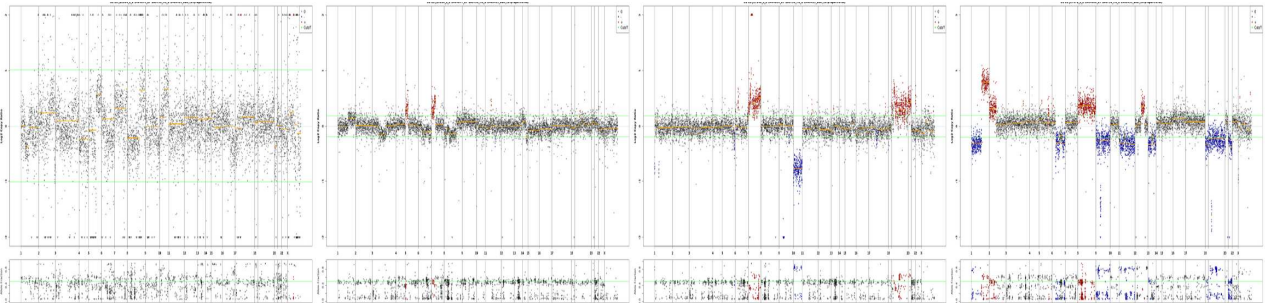
- Aggarwal et al. JAMA Oncol 2019: 20-153 gene panels:
- **62%** of advanced stage/relapsed NSCLC have adequate tissue



QUALITY

- What kind of specimen is it?
- How was it fixed?
- How was it stored/how old is it?
- How was it prepared?

Which one of these is not like the others?



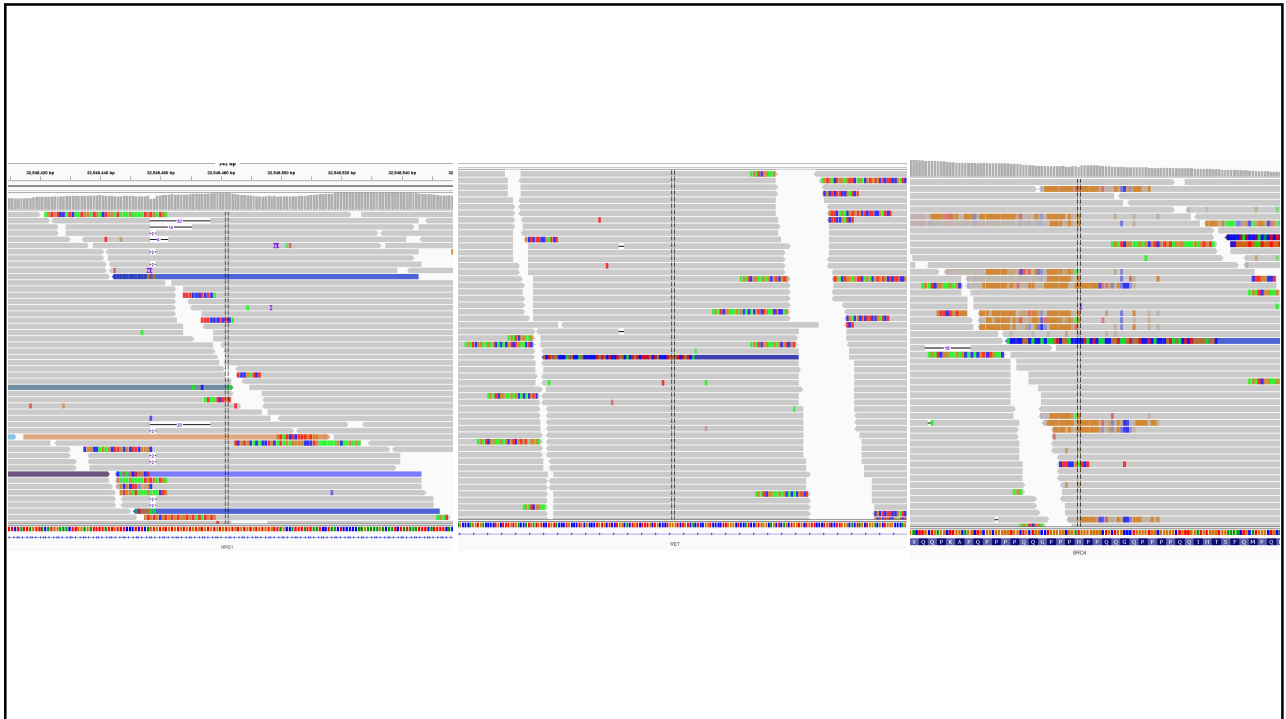
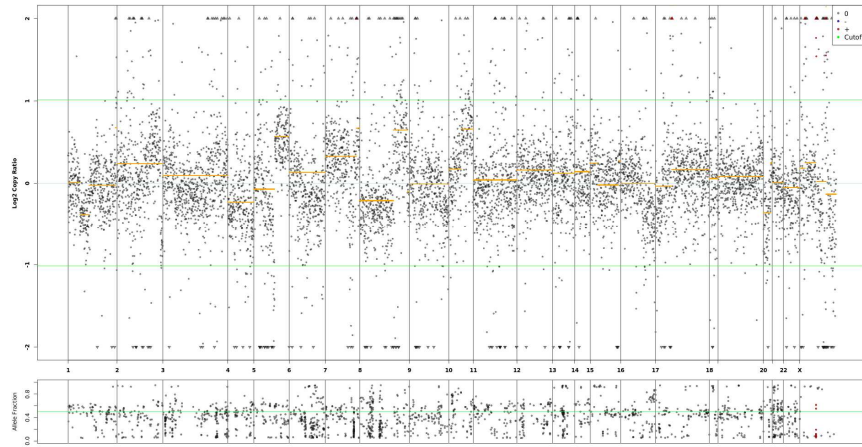
A

B

C

D

Answer: A



What happened to this specimen?

A. Delayed fixation

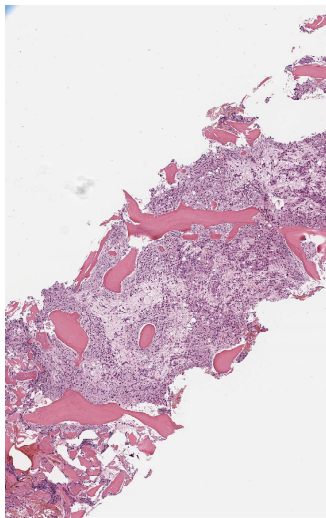
B. Formalin had the wrong pH

C. Decalcification

D. Extensive tissue necrosis

E. Any of the above

Answer: C. Decalcification



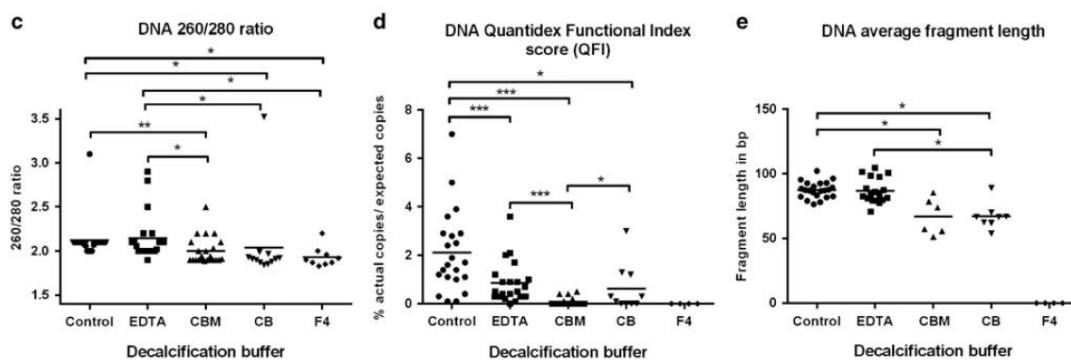
- Metastatic prostate carcinoma to the bone
- Required “gentle decal” prior to histologic processing
 - ****proprietary formulation****
- Some interpretable molecular results
 - *TMPRSS2-ERG* fusion
 - *PTEN* c.955dup (p.T319Nfs*6) in 59% of 22 reads
 - *TP53* c.470T>C (p.V157A) in 47% of 392 reads
 - *AR* amplification (est. 15 copies)
- But “noisy” sequencing with many false positive structural variant and copy calls

CAP Preanalytics and Precision Medicine Project Team: Top Preanalytical Factors for Tissue for the Maintenance of Nucleic Acid and Protein Quality and Integrity

- **Cold ischemia time:**
 - < 1 hour
- **Fixation:**
 - 10% phosphate-buffered formalin, pH 7.0
 - ≥6 hours, no more than 24-36 hours (longer for fatty specimens)
 - Avoid acid solutions
- **Processing:**
 - Specimen thickness less than 4-5mm; 10:1 formalin volume:mass ratio
 - Maintain processor and fluids per manufacturers instructions
 - Use low-melt paraffin
- **Storage:**
 - dry, pest free, 18-25°C
- **Documentation:**
 - processes that deviate from the above recommendations

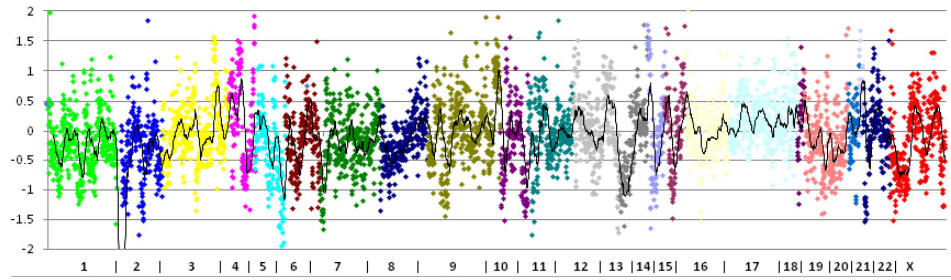
Compton CC et al. *Arch Pathol Lab Med.* 2019 Nov;143(11):1346-1363.

Impact of EDTA- and formic acid-based decalcification solutions on DNA integrity

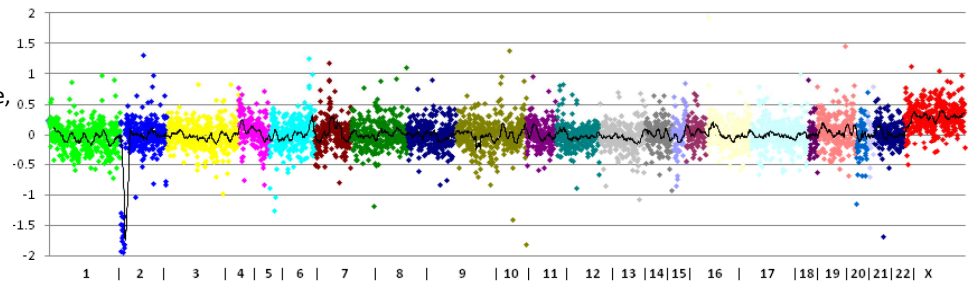


Schrijver et al. *Mod Pathol* (2016) 29, 1460–1470

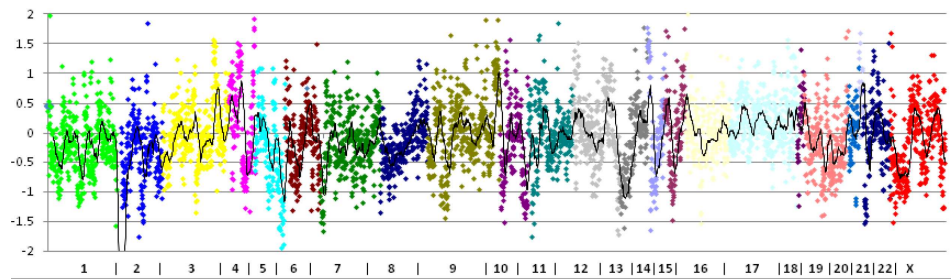
Primary thymic carcinoma
9 year old archival FFPE block



Recurrent/metastatic disease,
1 month old FFPE block

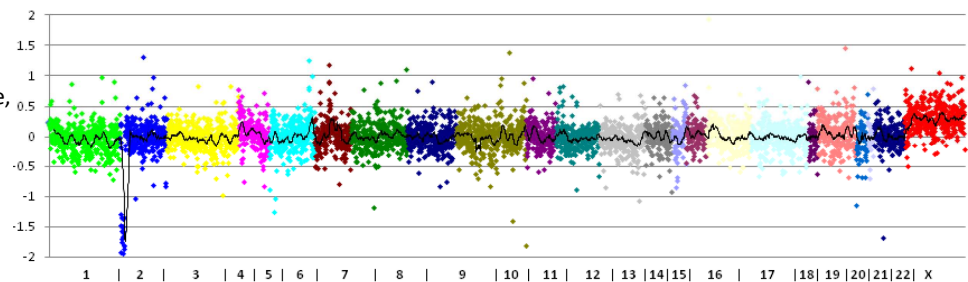


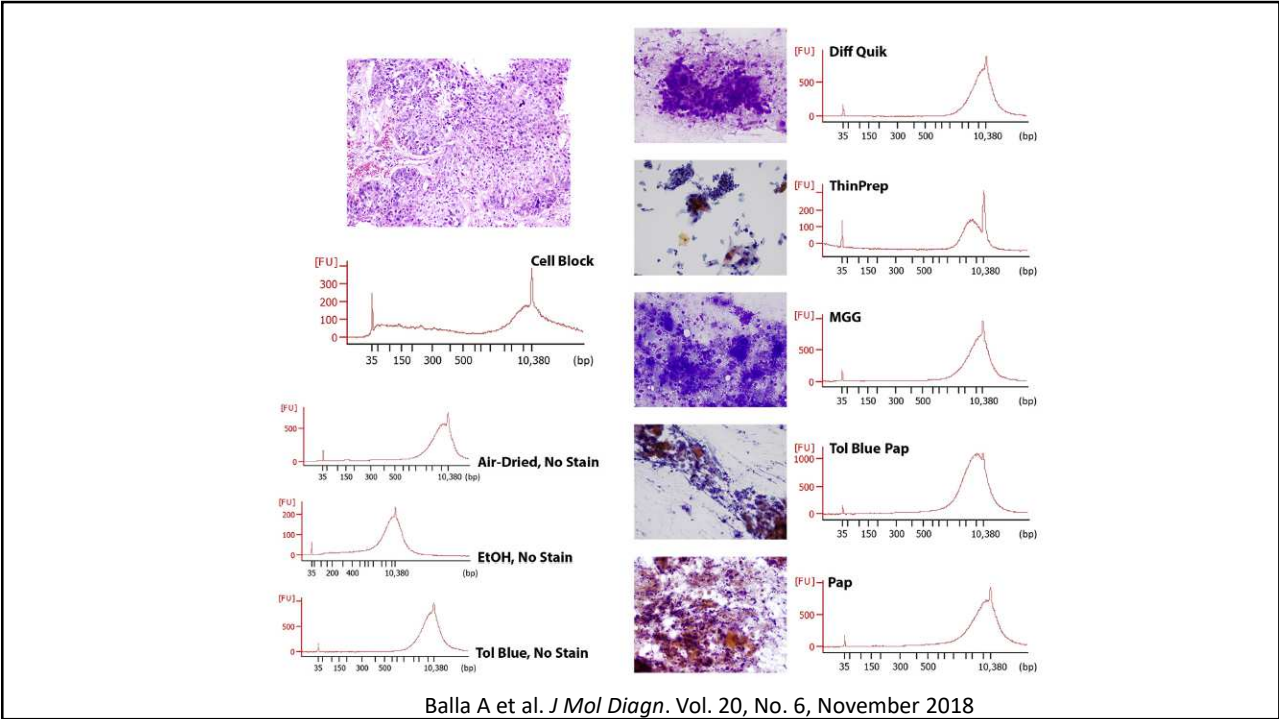
Primary thymic carcinoma
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Impact of specimen age on DNA degradation and sequencing quality

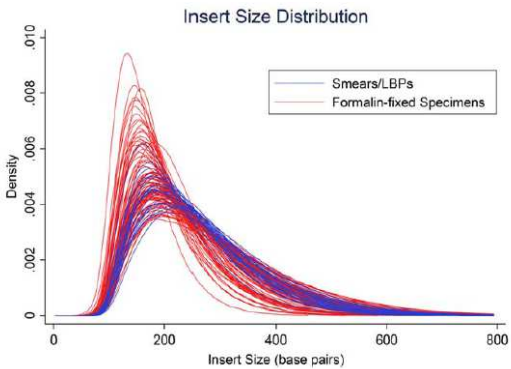
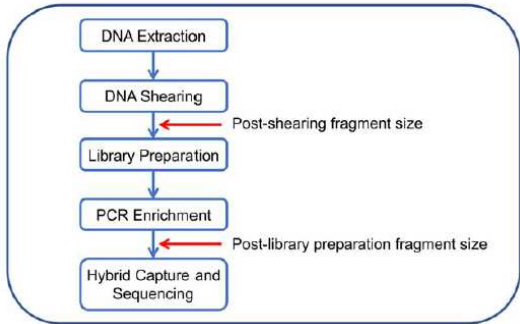
Recurrent/metastatic disease,
1 month old FFPE block



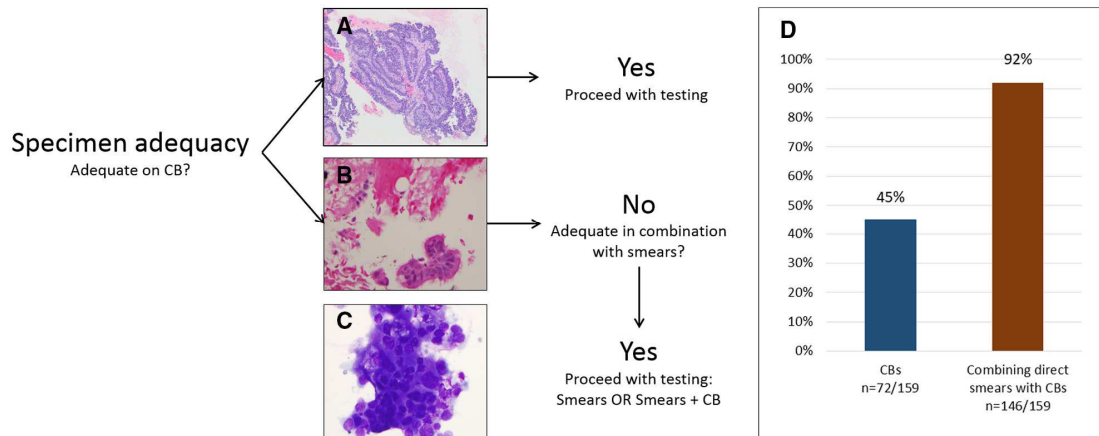


Larger target DNA fragments from smears/liquid based cytology preps

Next-Generation Sequencing Workflow

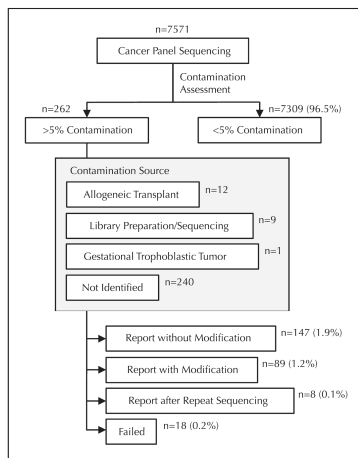


Smear preps validated for RNAseq for fusion detection



Ramani et al. Cancer Cytopathology. 2021 May;129(5):374-382.

Specimen contamination headaches

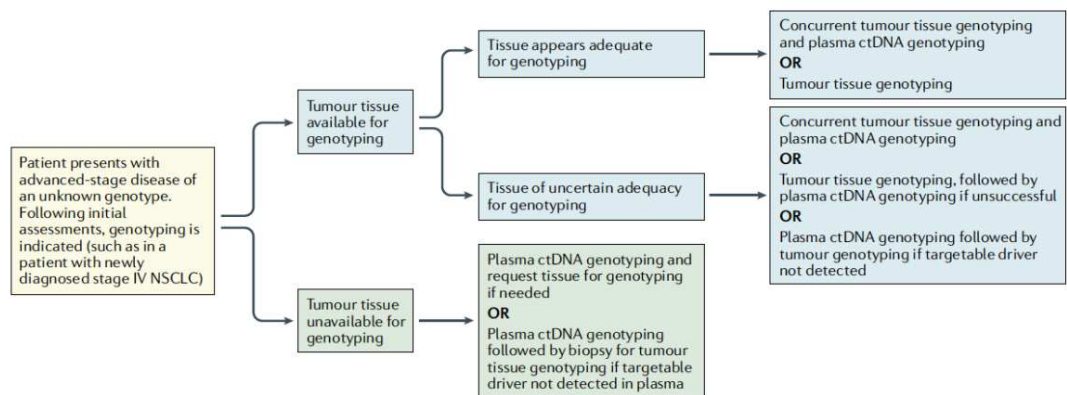


- ~4% of clinical cases have detectable contamination from another individual based on SNP profiling data
- Source of contamination is not identified in most
 - Histologic cross contamination (water/stain baths) is suspected
- Informatics tools are essential to detect and address this phenomenon

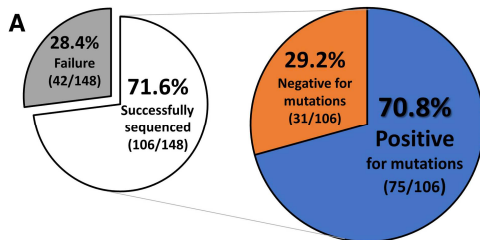
Li et al. Arch Pathol Lab Med. 2021 May 20. Online ahead of print
Platt et al. Arch Pathol Lab Med. 2009 Jun;133(6):973-8.

Beyond Tissue

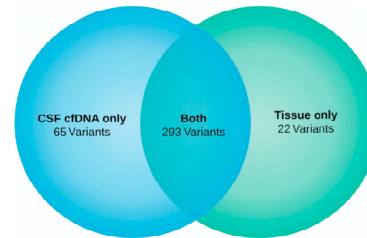
Approaches to clinical implementation of circulating tumor DNA testing



Cell free DNA from cerebral spinal fluid in patients with leptomeningeal metastases



High sequencing success rates for cfDNA isolated from CSF in patients with leptomeningeal spread, including those with negative cytology.



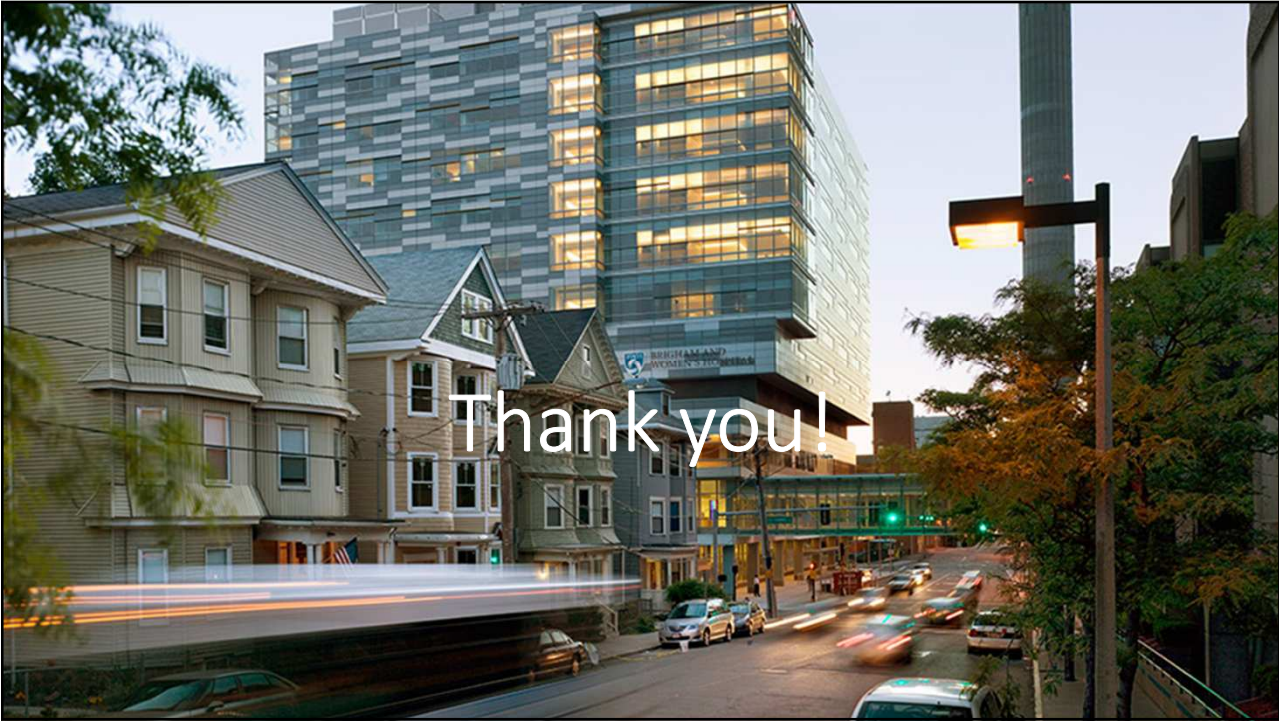
Comparison of CSF and tissue sequencing reveals tumoral heterogeneity.

Bale et al. *J Mol Diagn.* 2021 Jun;23(6):742-752.

Defining “Specimen Adequacy”:

- No universal definition– this depends on the validated performance characteristics and limitations of the test being requested
- Interplay between nucleic acid quantity and quality
 - Lower input quantity may be acceptable if quality is high
 - Higher input quantity may be required if quality is low

Hadd AG et al. *J Mol Diagn.* 2013, 15:234-247.



Thank you!