

# ***DIALYSIS ACCESS SURVEILLANCE AND CASE PRESENTATION***

Viviane Seki Sasaki, MD (Brazil), RVT, RDMS, RPVI

*Vascular Sonographer*

*Stanford Health Care - Vascular and Heart Clinics - Palo Alto, CA*

[vsekisasaki@stanfordhealthcare.org](mailto:vsekisasaki@stanfordhealthcare.org)



I HAVE NO CONFLICT OF INTEREST TO  
DISCLOSE

## CLINICAL INDICATIONS FOR THE EXAM

Pre-op Evaluation	Maturation	Distal Limb Ischemia	Loss of Thrill
Peri-graft Fluid/Mass	Poor Dialysis Effectiveness	Elevated Pressure During Dialysis	Unexplained Urea Reduction <60%
Difficult Cannulation	Thrombus Aspiration	Increased Bleeding Time during Dialysis	Pain During Dialysis

3

## COMMON DIALYSIS ACCESS POINTS

- Radiocephalic AVF (Brescia Cimino)
- Radiobasilic AVF
- Brachiocephalic AVF
- Brachiobasilic AVF – Transposition
- Radial Artery – Available Vein (forearm)
- Brachial artery to available vein (UA)
- Perforator vein\* to radial artery (ACF)
- Loop or straight graft
- Brachiobasilic AVG
- Brachioaxillary AVG

4

# PREDIALYSIS ACCESS SCAN PREPARATION

- High resolution transducer – high frequency less penetration
- Linear L7-9 to L12-5 MHz
- Curved C8-5 MHz for subclavian
- Tourniquet
- Warm temperature
- Non-dominant arm



5

# PREDIALYSIS ACCESS VENOUS PLANNING

## Central Venous Mapping

- Innominate, Subclavian, Axillary and brachial veins for patency and flow pattern (features DVT)
- Axillary vein is less common for obstruction, collateral will indicate central stenosis or occlusion
- SCV obstruction may reverse the flow in the axillary

## Superficial Venous Mapping

- Cephalic and Basilic: phlebosclerosis, anatomical variation/branches, inner-inner caliber for native >2.5mm and graft ≥4mm, BV connection to brachial vein
- Medial cubital vein and perforator vein: caliber and patency; length for perforator
- Depth within 6mm of the skin or wait for superficialization

6

# PREDIALYSIS ACCESS ARTERIAL PLANNING

## Arterial Mapping

- Brachial, radial and ulnar arteries: atherosclerosis and spectral waveform, anatomical variation, high bifurcation, caliber  $\geq 2\text{mm}$

## Palmar Arch (Allen's Test, *may be performed if veins acceptable*)

- Modified palmar arch
- Compression of ulnar artery while evaluating radial artery using PPG
- PPG's/digital pressure
- Clinical evaluation

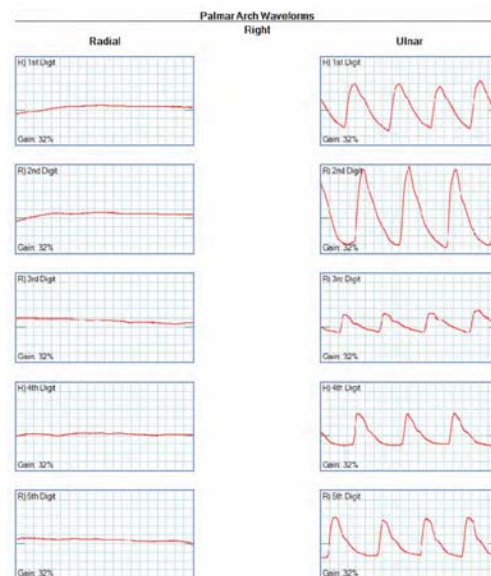
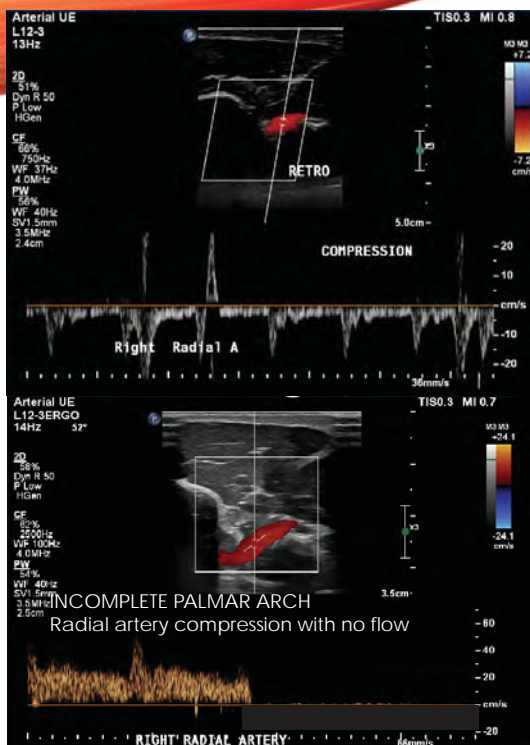
## Lower Extremity Mapping

- ABI
- CFA and SFA evaluation for stenosis or calcification
- SFJ, GSV to knee level, CFV, FV, DFV patency/thrombosis; varicosity, branches, diameter, wall thickening

7

## PALMAR ARCH (ALLEN'S TEST – INCOMPLETE)

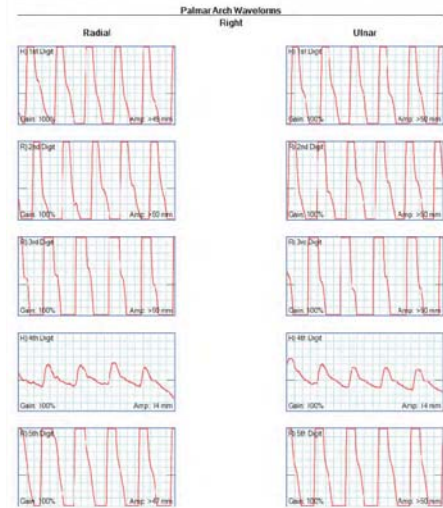
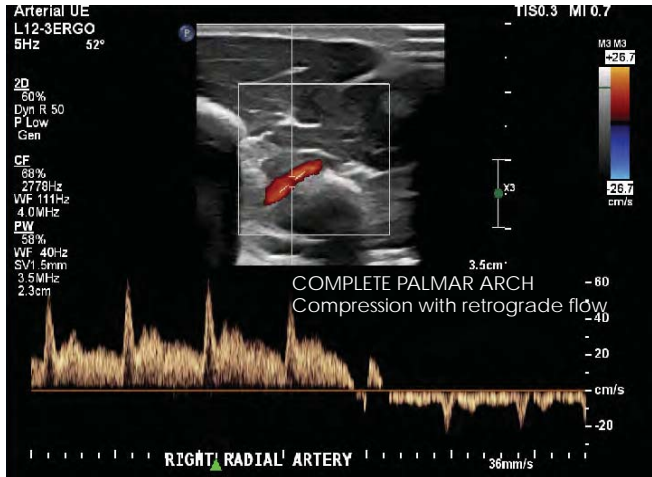
DBI <80mmHg or Pressure drop >30% with radial compression  $\rightarrow$  incomplete palmar arch



8

# PALMAR ARCH (ALLEN'S TEST – COMPLETE)

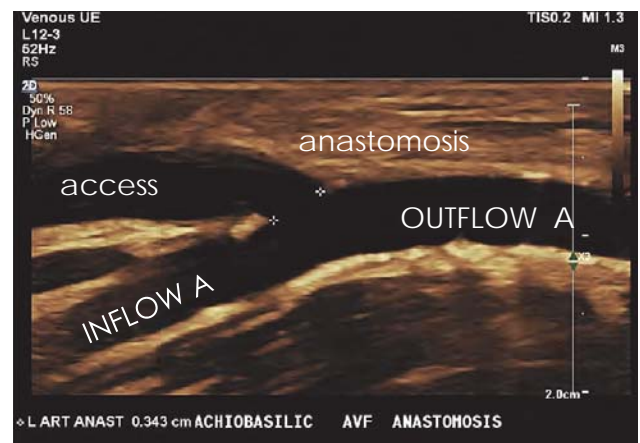
DBI >80mmHg or Pressure drop <30% with radial compression → complete palmar arch



9

## CONDUIT SURVEILLIANCE

1. Inflow artery
2. Anastomosis velocity and diameter
3. Outflow artery (look for steal) peripheral
4. Access: peripheral (proximal), mid access and central(distal): depth, caliber and velocity

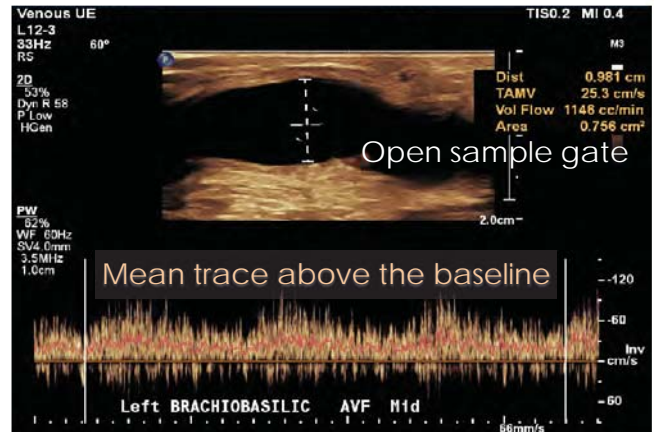


10



# ACCESS MATURATION VOLUME FLOW

- Duplex 4-6 weeks
- Volume flow <500mL/min → possible failure
- Native fistula less flow than PTFE
- Volume flow → predictive for access failure; velocity → stenosis
- At least 2 or 3 cardiac cycles for the time average velocity (TAMV)
- Not after dialysis (reduction in blood pressure)



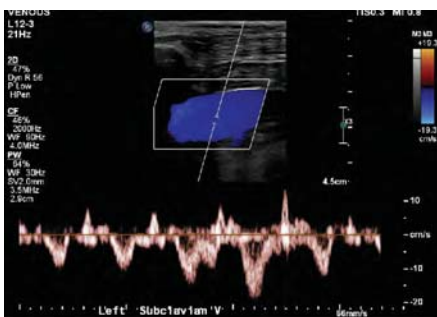
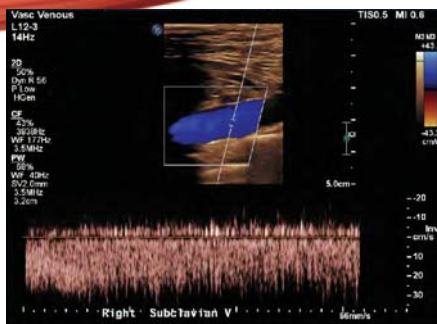
## RULE OF 6

**<6mm depth  
>6mm caliber  
>600 mL/min**

11

# ACCESS MATURATION LONG-TERM MONITORING

- Central Venous Outflow
  - Innominate and subclavian veins with a patent fistula or graft will have consistent “arterialized” waveforms
  - Graft occlusion central veins lack such pulsatility, are more phasic with respiration, and may be symmetrical with the veins on the contralateral side



12

# ACCESS MATURATION LONG-TERM MONITORING

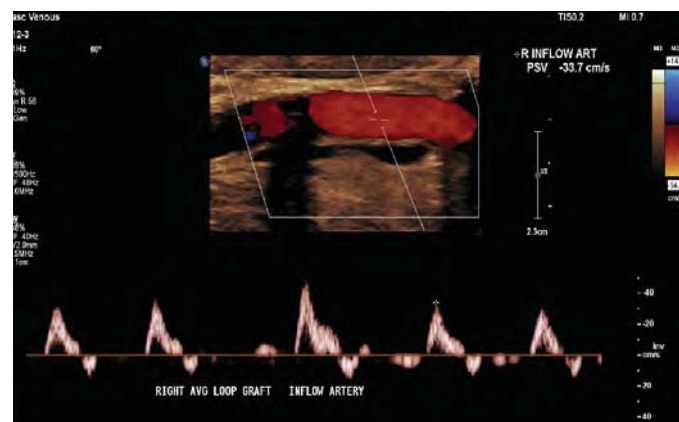
- Failure of dialysis access: narrowing of venous outflow by intimal hyperplasia at or within a few centimeters of the venous anastomosis
- Stenosis anywhere in the access, inflow artery (atherosclerosis) and central veins
- Locations prone to intimal hyperplasia
  - vein valve and puncture sites
  - the transposed basilic vein where it turns down into the brachial vein
  - the cephalic vein confluence to the deep venous system
  - the central veins

13

## ARTERIAL INFLOW (PATENT VS OCCLUDED AVG/AVF)

### Arterial Inflow

- Doppler waveforms from the inflow arteries to a patent fistula/graft → increased velocity and low resistance
- Occluded access: inflow artery will “normalize” → high resistance waveform

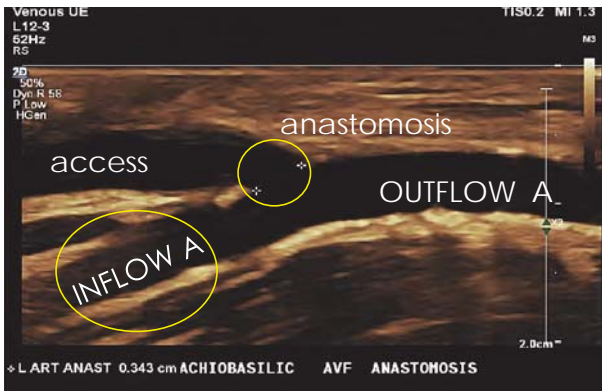


14

# ARTERIAL INFLOW LONG-TERM MONITORING

- Conduit Surveillance (Native Vein Fistula)

- Central venous outflow
- Arterial inflow
- Conduit surveillance



- Anastomosis of 4-5mm – risk of steal
- *Quantifying anastomotic stenosis by PSV ratio (Vr):* max PSV within the anastomosis divided by the PSV of the inflow artery obtained approximately 2 cm proximal to the anastomosis
- $Vr \geq 3.0$  ( $2.0$ ) and a  $PSV \geq 400$  cm/s → suggestive of a stenosis of at least 50% diameter reduction with B-mode confirmation of an intraluminal defect at the anastomosis
- Vessel angulation false positive

15

# ARTERIAL INFLOW LONG-TERM MONITORING

- Conduit Surveillance (Prosthetic Graft)

- $PSV \geq 400$  cm/s and a focal velocity increase with a  $Vr \geq 3.0$  are suggestive of a significant stenosis ( $\geq 50\%$  diameter reduction)
- Graft occlusion
  - Intraluminal echoes
  - Absence of flow on Doppler spectral waveforms
  - No color Doppler flow using low velocity scales (PRF)



- Lower Extremity Dialysis Access Surveillance

- ABI decrease after creation of a lower extremity fistula
- Clinically significant if arterial occlusive disease is present

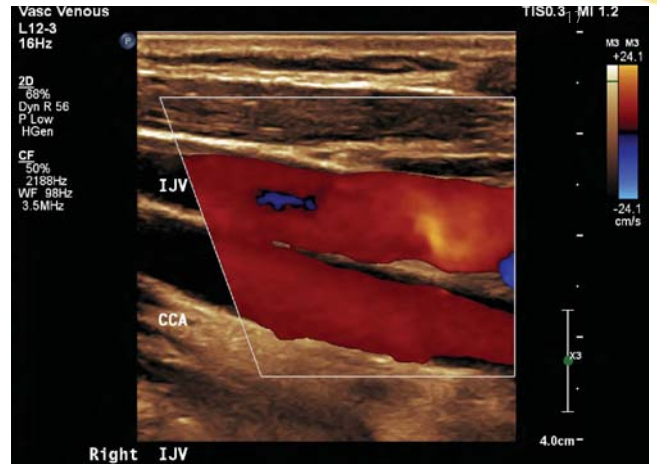
16



# COMPLICATIONS

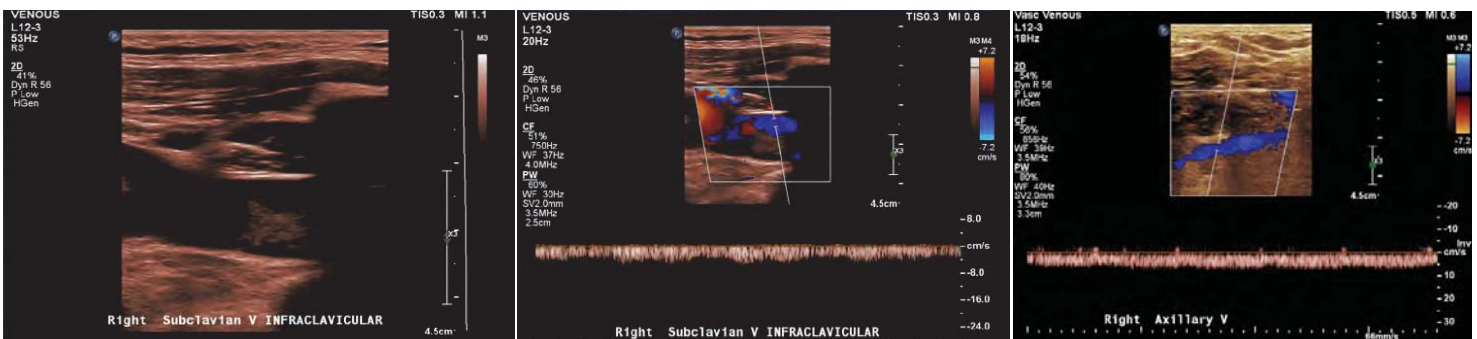
## CENTRAL VENOUS OUTFLOW OBSTRUCTION

- Graft may be normal
- Venous stenosis beyond the venous anastomosis
- Native outflow vein
  - Axillary vein → upper extremity graft
  - Transposed basilic vein → turns down into the brachial vein
  - Cephalic vein where → joins the deep venous system
- Within proximal subclavian or innominate veins → scarring from prior central venous lines
- Remarkable Venous collaterals → central vein stenosis or occlusion

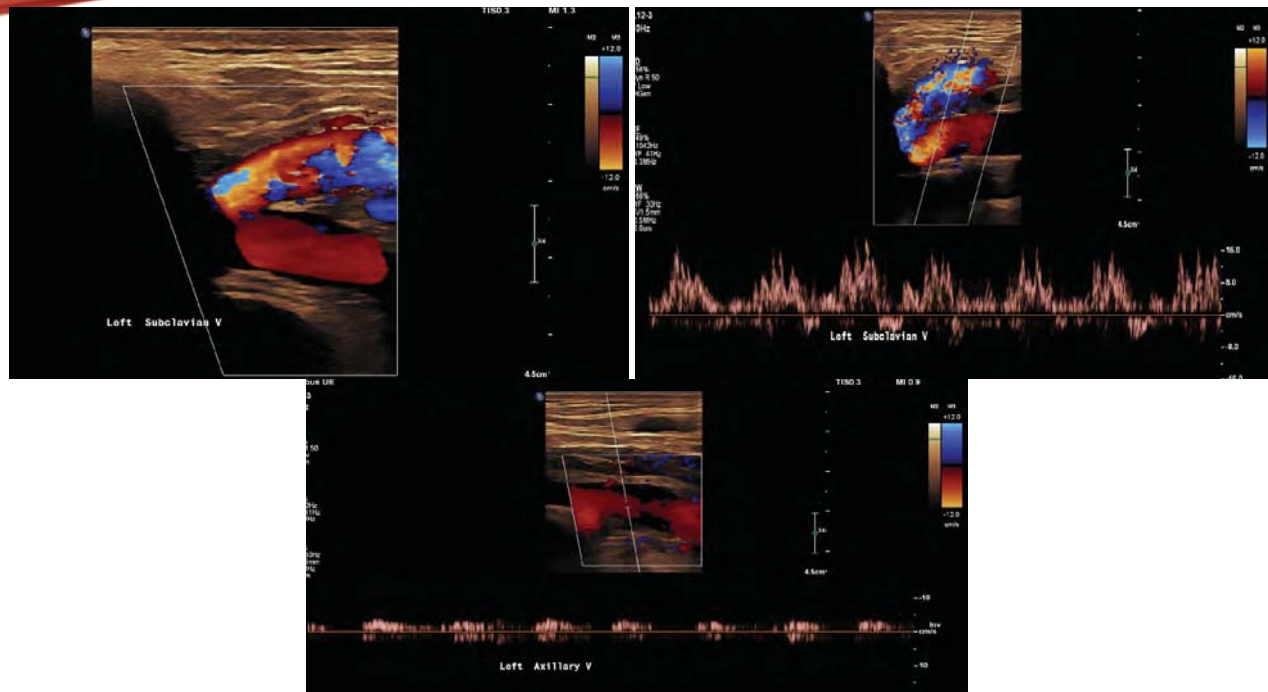


# COMPLICATIONS CENTRAL VENOUS OBSTRUCTION

- CENTRAL VENOUS OUTFLOW OBSTRUCTION
  - Continuous waveform indicates proximal compromise
  - Echogenic/hypoechoic non-compressible lumen
  - Retrograde direction



# COMPLICATIONS CENTRAL VENOUS OBSTRUCTION



# COMPLICATIONS – STEAL

## • STEAL PHENOMENON

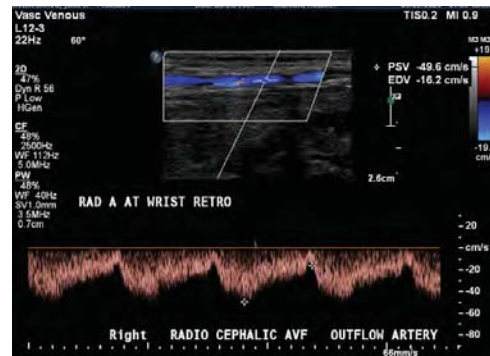
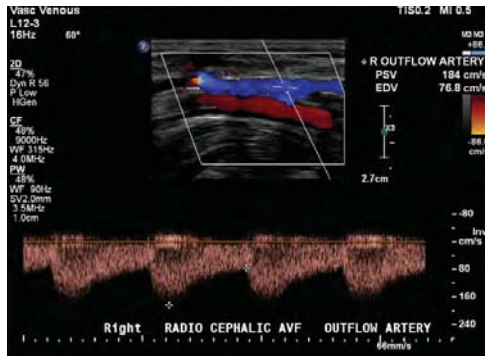
- Flow to least resistance through the fistula decreasing arterial pressure and flow distally
- Flow may reverse in the distal artery
- Occlusive arterial disease proximal or (rarely) distal to the access
  - Inflow artery stenosis → reduces flow
  - Outflow artery compromise → ischemia due to steal



# COMPLICATIONS – STEAL

## On duplex examination:

- Arterial stenosis - Diabetic patient
- Retrograde flow (away from the hand) in the radial or ulnar artery peripheral to the anastomosis



# COMPLICATIONS - STEAL

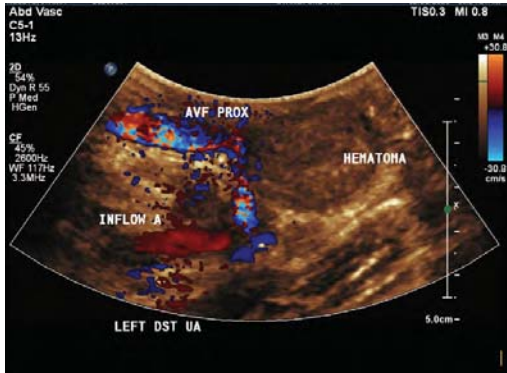
- Cold, painful hand, especially while dialyzing
- Extremely high-flow fistulas (>900 mL/min)
- Measurement of digit pressures with an appropriate-sized cuff and flow detection with PPG
- Digit pressure  $\geq 60$  mmHg or a digit-brachial index (DBI)  $\geq 0.6$  → adequate perfusion
- Manual compression of the fistula/graft PPG pressures on the symptomatic finger



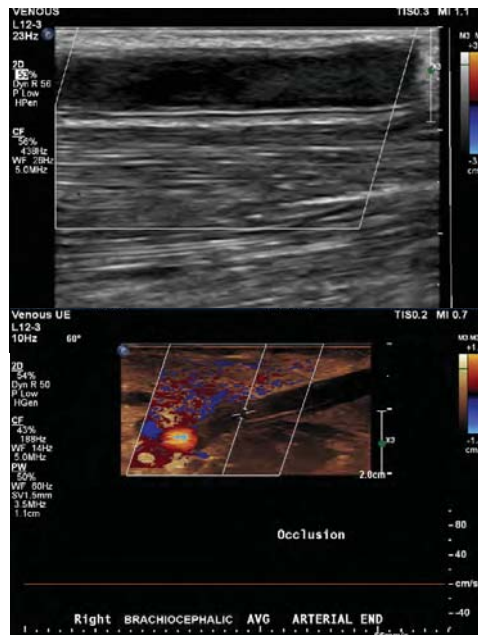
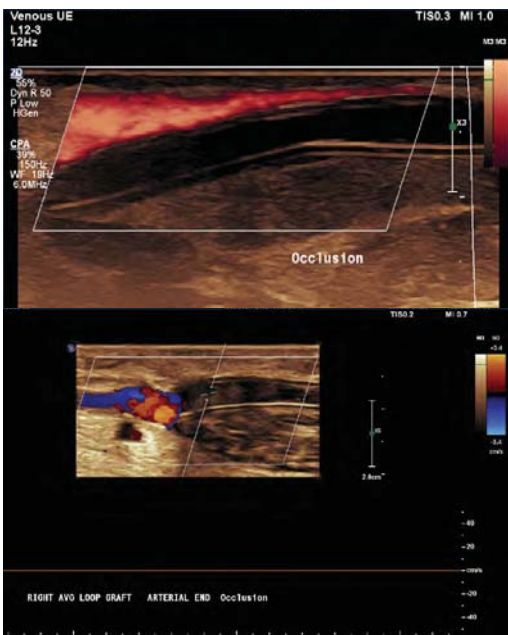
# SONOGRAPHIC FINDINGS HEMATOMA

Heterogenous avascular fluid collection

- Post puncture
- Post surgery
- Thrombosed PSA



# OCCLUSION



- Intraluminal echoes
- Absence of flow on Doppler spectral waveforms
- No color Doppler flow using low velocity scales (PRF)



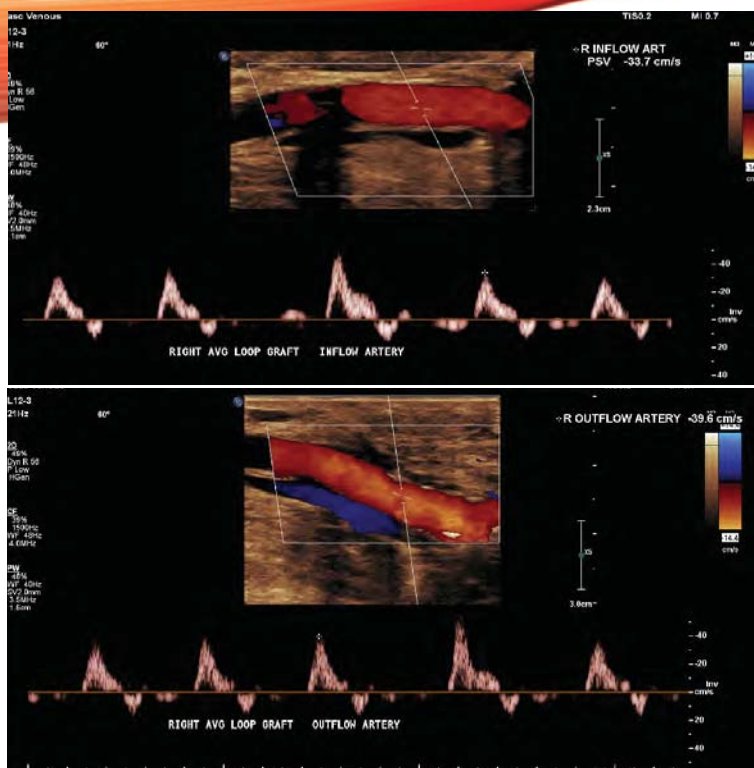
# ABSCESS



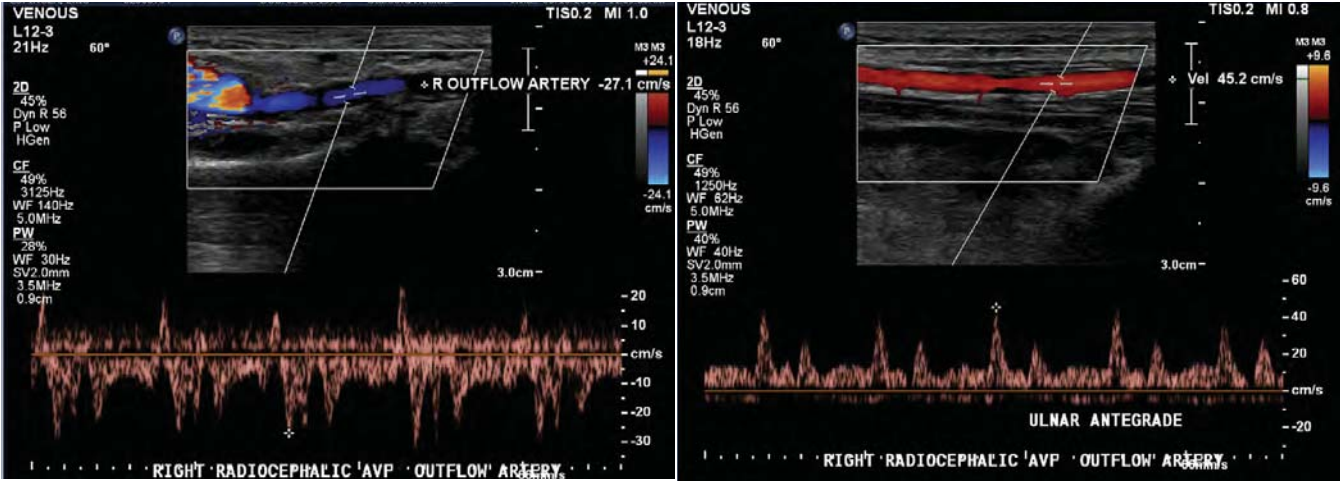
- Heterogeneous fluid collection
- Vascularity
- Clinical signs



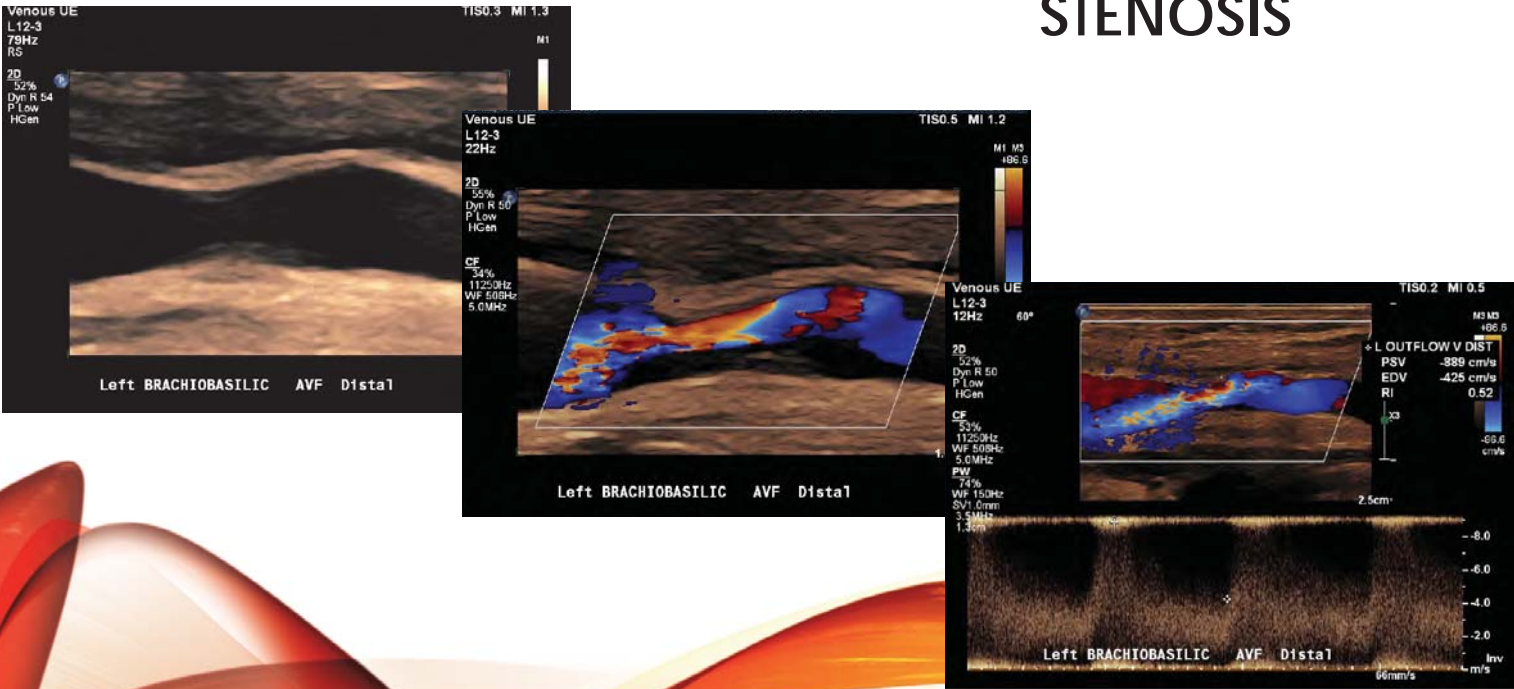
# OCCLUSION



# RETROGRADE FLOW

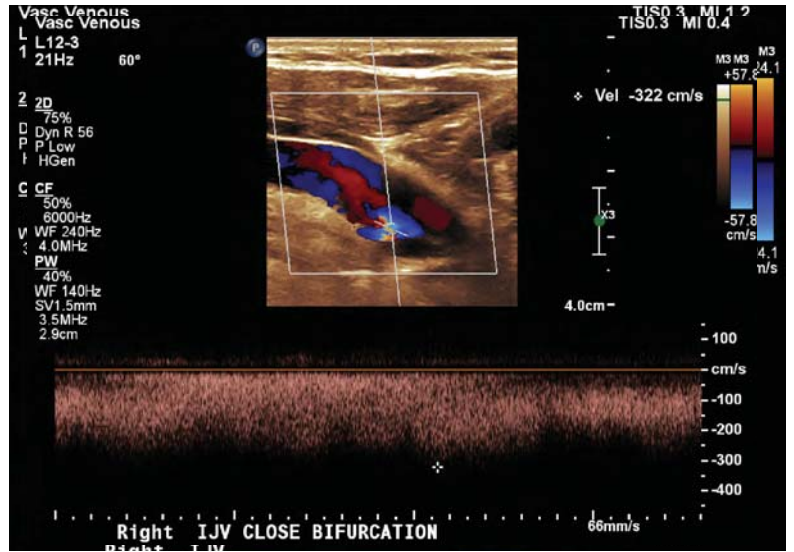
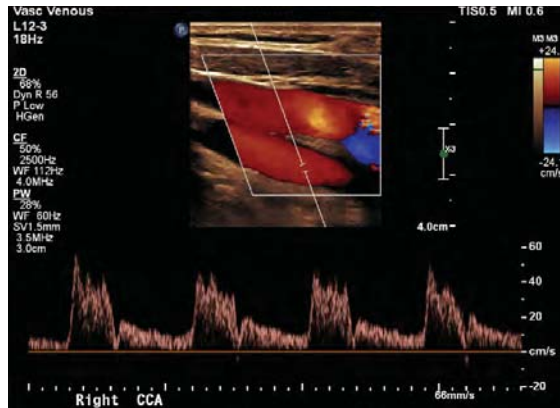
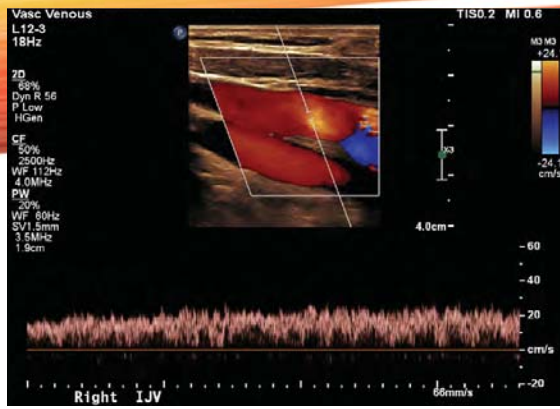


# STENOSIS



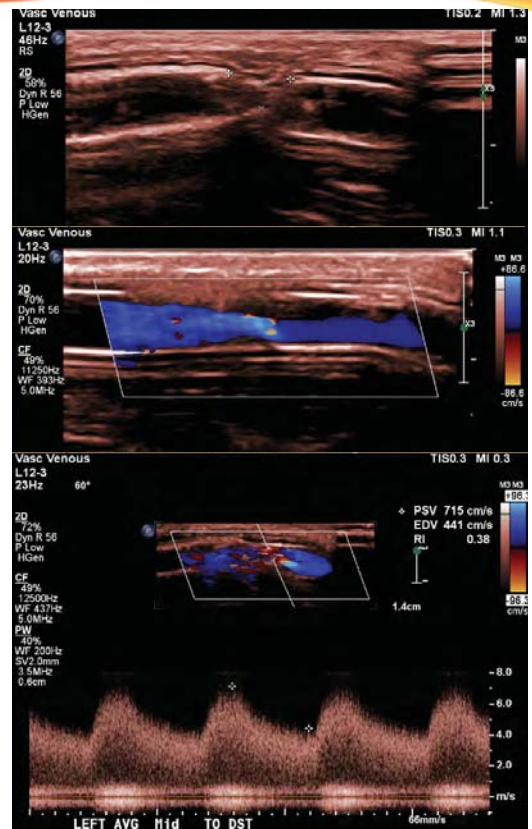


# CENTRAL VENOUS OBSTRUCTION



29

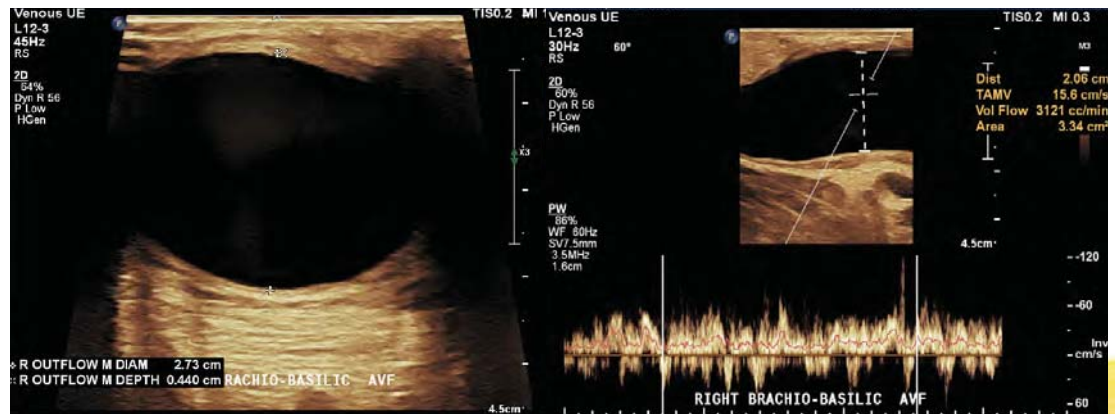
# GRAFT -PTFE



30

# ANEURYSM

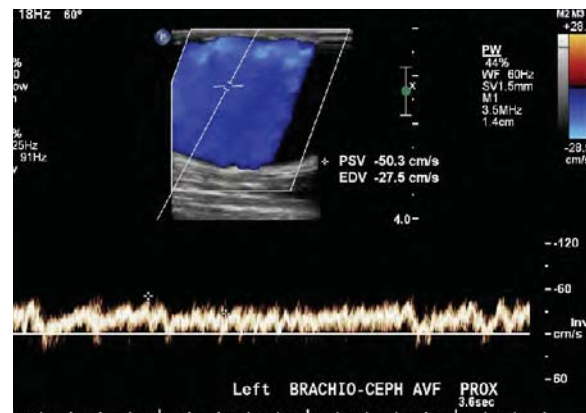
- Abnormal localized dilatation of the vessel
- True aneurysm
- Pseudoaneurysm
- Location and site
  - arterial
  - venous
  - graft
  - anastomosis
  - puncture site



31

# ANEURYSM

- No standard size
- Evaluate the adjacent caliber (2x)
- Likely AVF > Graft
- Clinical concern: rapid increase in size, pain, thinning and skin degeneration, infection

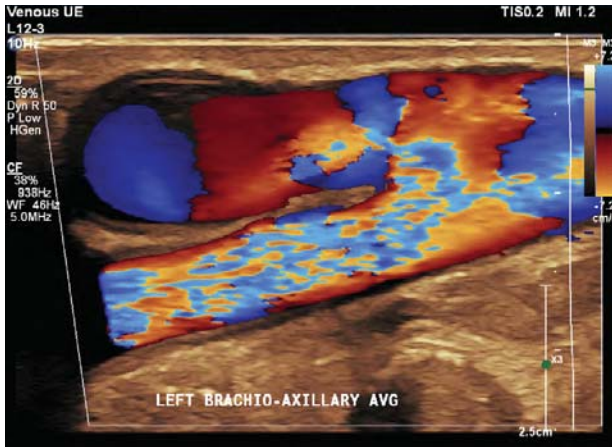


32



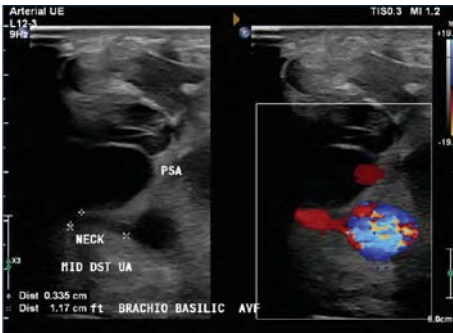
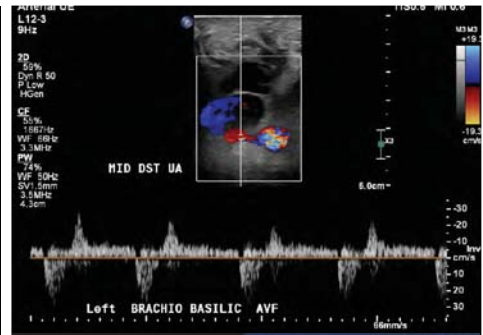
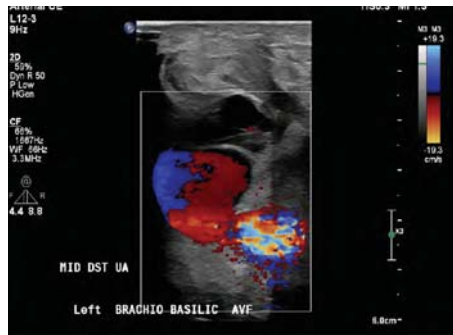
# PSEUDOANEURYSM

- Common
- Result from puncture
- <5 mm → stable
- >5mm → attention



# PSEUDOANEURYSM

- To-fro waveform
- Ying-Yang color
- 5mm



## CONCLUSION

- Review anatomy
- Known direction of flow with color and spectral
- Remember rule of 6
- Understand arterial and venous waveforms
- Conduit surveillance and sonographic findings
- Referral to your laboratory protocol for nomenclature

35



Viviane Seki Sasaki, MD (Brazil), RVT, RDMS, RPVI

*Vascular Sonographer*

*Stanford Health Care - Vascular and Heart Clinics - Palo Alto, CA*

[vsekisasaki@stanfordhealthcare.org](mailto:vsekisasaki@stanfordhealthcare.org)

# THANK YOU

36