

Bloodstream Infections

Update in Hospital Medicine

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Disclosures

- o Grant funding
 - o Centers for Disease Control and Prevention
 - o Agency for Healthcare Research and Quality
 - o Massachusetts Department of Public Health
 - o Royalties
 - o UpToDate for chapters on pneumonia
-

Outline

- o **Gram negative bacteremia**
 - o One drug or two?
 - o Preferred agents for ESBL
 - o Duration of treatment
 - o **Gram positive bacteremia**
 - o What's the best drug for MSSA?
 - o What's the best drug for MRSA
 - o What do I do if the Vanco MIC is elevated?
 - o **General**
 - o Does my patient need an echo?
 - o Should I place a PICC or a midline?
 - o Can we treat with orals?
-

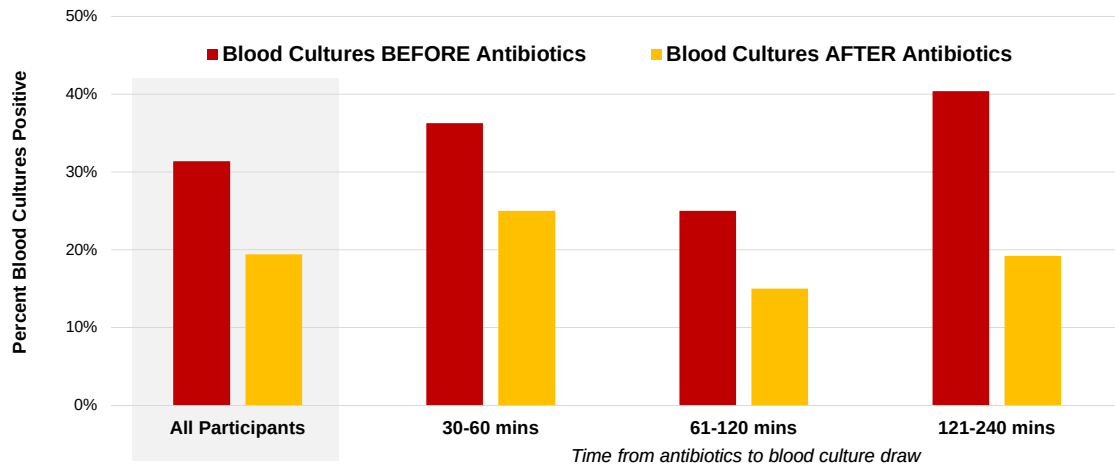
Case Study

- A 64 year old woman is admitted to the hospital with high fever and altered mental status. She has a remote history of cardiac arrest, coronary artery disease, and congestive heart failure with low ejection fraction for which she had an AICD placed 2 months ago. She also had elective cataract surgery two weeks ago. She has a history of recurrent UTIs secondary to ceftriaxone-resistant *E. coli*.
- Your examination is notable for lethargy, anasarca, and tachycardia.
- Vitals: temp 102.3, HR 110, BP 80/60, RR 32, SaO2 88% on ambient air
- You order a CBC/diff, CMP, lactate, UA, procalcitonin, blood cultures, and CXR
- You decide to start empiric antibiotics.

**The patient is pretty sick.
Do we really need to get blood
cultures before we give antibiotics?**

Getting Blood Cultures **After** Antibiotics Lowers Yield by ~50%

Blood cultures drawn before and 30-120mins after antibiotics in 325 patients with suspected septic shock

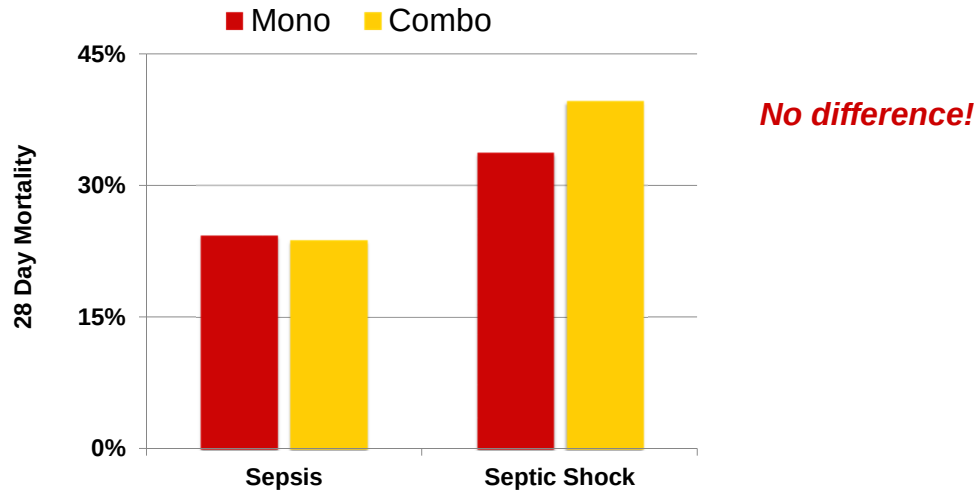


Cheng, *Ann Intern Med* 2019;171:547-554

Should we start one drug or two to cover Gram negatives?

RCT of Mono vs Combo Rx for Sepsis

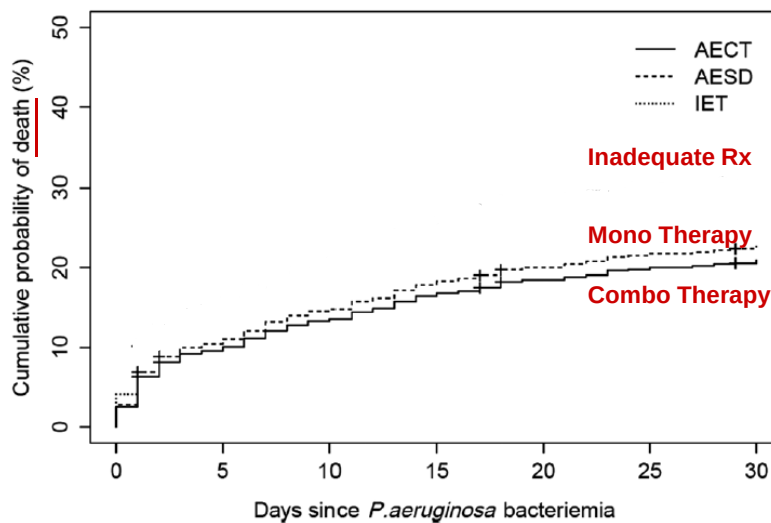
600 patients randomized to meropenem alone vs meropenem + moxifloxacin



Brunkhorst, JAMA 2012;307:2390-2399

Mono vs Combo Rx for Pseudomonas Bacteremia

Prospective cohort study of 674 patients with Pseudomonas bacteremia



Active therapy matters more than combo vs mono therapy!

Pena, Clin Infect Dis 2013;57:208-216

Does it matter what drug we use to treat ESBLs so long as the bacteria is “susceptible?”

Pip-Tazo vs Meropenem for ESBL *E. coli* or *Klebsiella sp.*

Abstract 1 Original Investigation Effect of Piperacillin-Tazobactam vs Meropenem on 30-Day Mortality for Patients With *E coli* or *Klebsiella pneumoniae* Bloodstream Infection and Ceftriaxone Resistance: A Randomized Clinical Trial

Nguyen H, A, Nguyen, MB, Patel A, Tarrington, M, Dore, L, Lee, M, et al. *JAMA*. 2018;320:984-994. doi:10.1001/jama.2018.11111

OBJECTIVE: Extended-spectrum β -lactamase-mediated resistance to third-generation cephalosporins (eg, ceftriaxone) in *Escherichia coli* and *Klebsiella pneumoniae*. Significant resistance caused by these strains in culture-treated with carbapenems, potentially selecting for carbapenem resistance. Piperacillin-tazobactam may be an effective “carbapenem-sparing” option to treat extended-spectrum β -lactamase producers.

DESIGN: To determine whether definitive therapy with piperacillin-tazobactam is superior to meropenem as carbapenem in patients with bloodstream infection caused by ceftriaxone-resistant *E coli* or *K pneumoniae*.

SETTING: Tertiary care hospitals. **DESIGN:** Randomized, parallel-group, controlled clinical trial. **SETTING:** Tertiary care hospitals. **DESIGN:** Randomized, parallel-group, controlled clinical trial.

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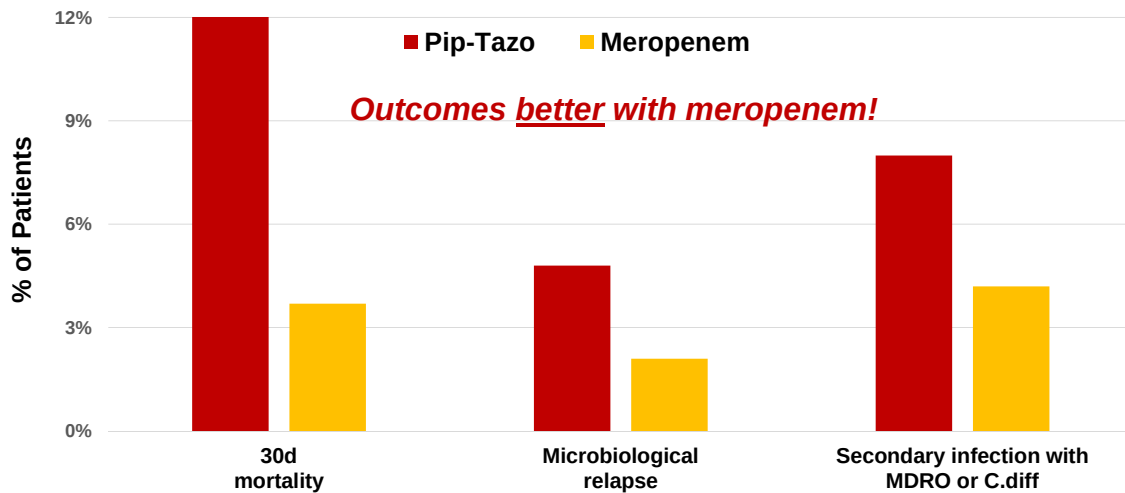
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SETTING: Tertiary care hospitals. **DESIGN:** Randomized, parallel-group, controlled clinical trial.

- 391 patients with ≥ 1 positive blood culture for *E. coli* or *Klebsiella sp.* resistant to ceftriaxone, susceptible to piperacillin-tazobactam
- Randomized to pip-tazo 4.5g IV q6h vs meropenem 1g IV q8h for 4-14d
- Primary outcome: 30d mortality

Pip-Tazo vs Meropenem for ESBL *E. coli* or *Klebsiella sp.*

391 patients with *E. coli* or *Klebsiella sp.* bacteremia randomized to pip-tazo vs meropenem



JAMA 2018;320:984-994

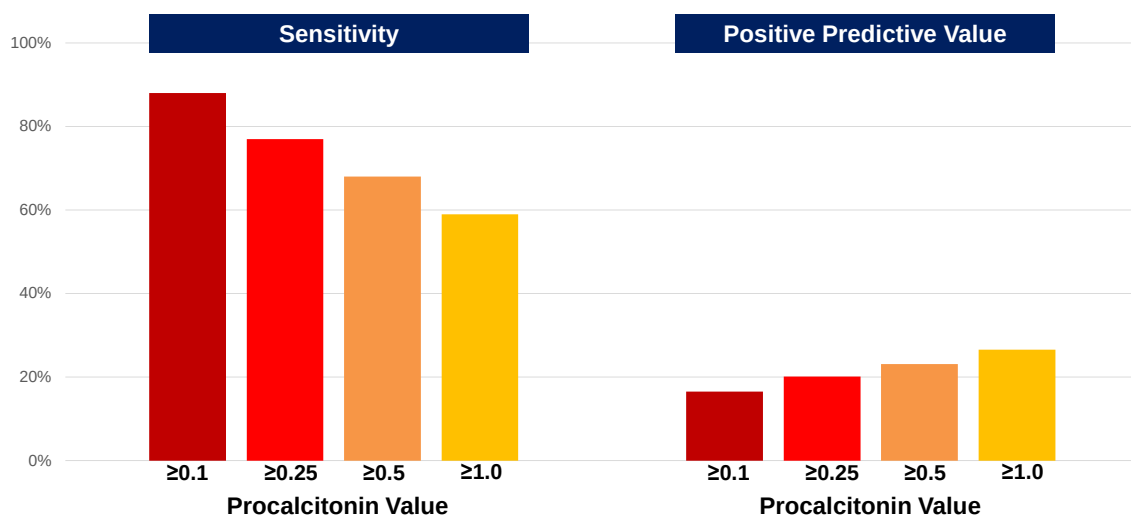
Case Study Continued

- You begin empiric therapy with vancomycin and meropenem
- One day later, the patient looks a little better but is still febrile.
- Procalcitonin is 0.18.
- You call the lab to ask if the blood cultures are growing anything?
- The answer: "nothing yet"

Does a low procalcitonin rule out bacteremia?

Sensitivity / PPV of Procalcitonin for Bacteremia

Retrospective analysis of 74,958 patients with admission blood cultures and procalcitonin testing, 65 US hospitals, 2008-2017

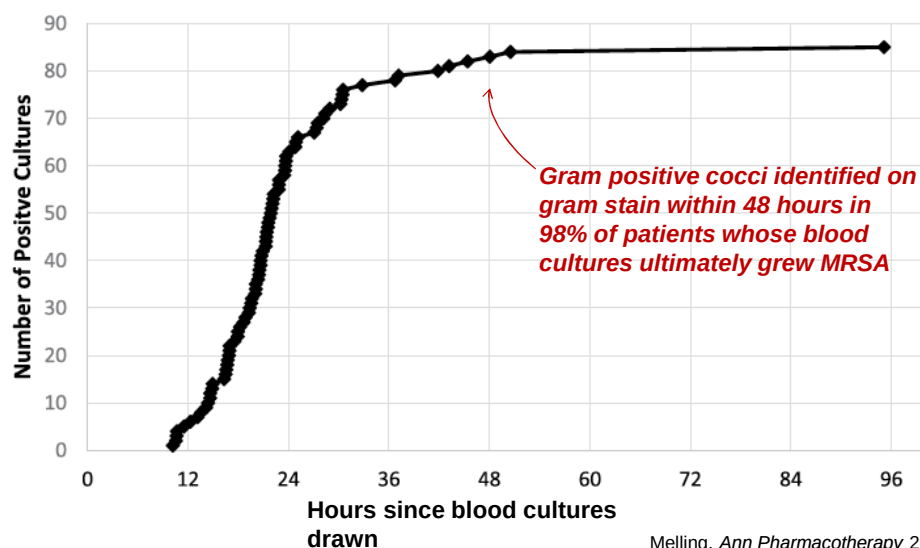


Lawandi, Crit Care Med 2023;51:1527-1537

**How long do I need to wait to be
confident the blood cultures won't grow
Staph aureus?**

Blood cultures: Time to positivity

85 patients with MRSA bacteremia, 5 ICUs, Vanderbilt University



Melling, Ann Pharmacotherapy 2020;54:131-137

Case Study Continued

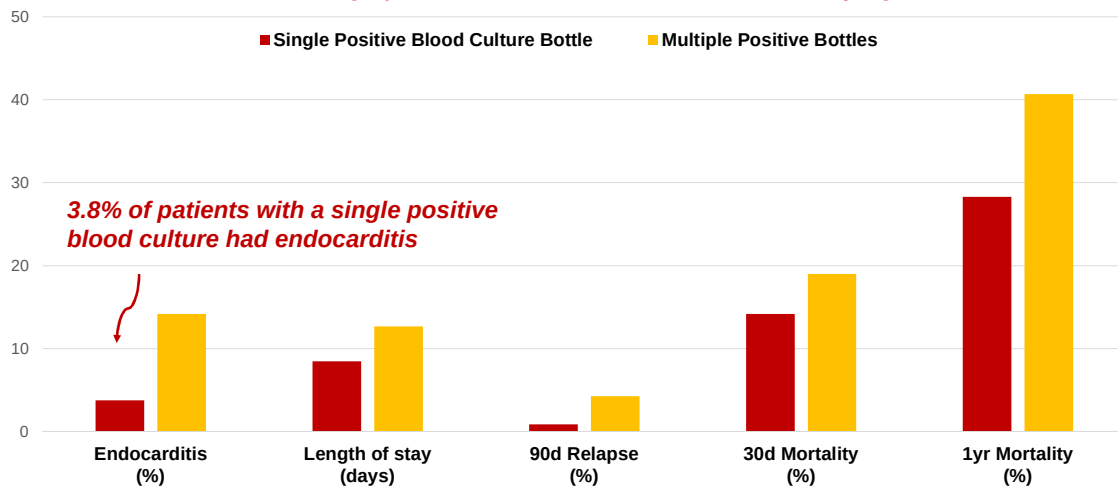
- Just when you were about to give up hope on finding an answer, the lab pages you:
 - “Your patient has one positive blood culture bottle. The Gram stain shows Gram positive cocci in clusters”
- You suspect *Staphylococcus aureus* and arrange a follow-up set of blood cultures to be drawn

What is the significance of a single positive blood culture with *Staph aureus*?

Significance of one blood culture positive for *Staph aureus*

534 patients with *Staph aureus* bacteremia (22% single positive, 78% multiple positive bottles), 4 Mayo Clinic hospitals

All told, 90% of single positive blood cultures were deemed clinically significant

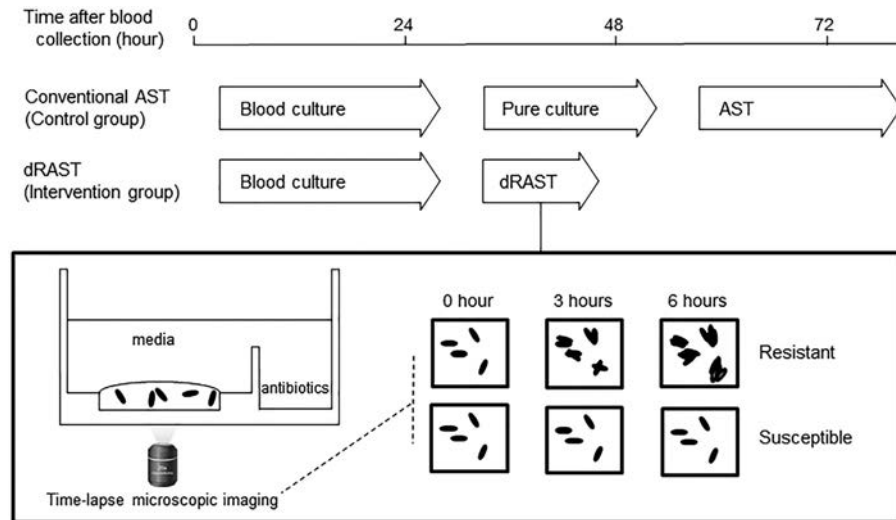


Go, Open Forum Infect Dis 2022;ofab642

**Do we really need to wait 2-3 days to
get susceptibilities?**

Isn't there a faster way?

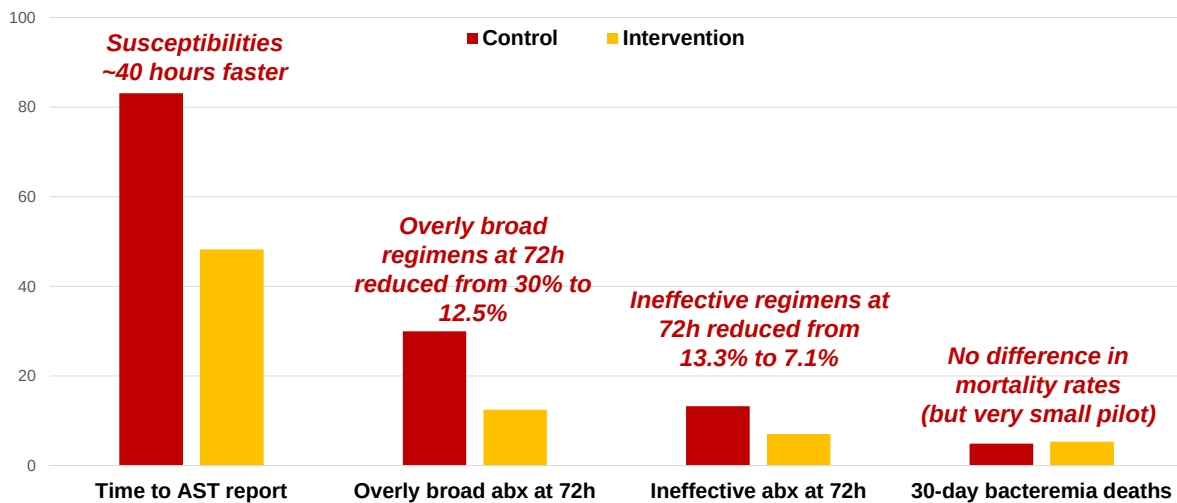
Rapid Antimicrobial Susceptibility Testing



Kim, Clin Micro Infection 2021;27:69-75

Rapid Antimicrobial Susceptibility Testing

Pilot randomized trial, 116 pts with heme malignancies and +blood cultures, Seoul National University Hospitals

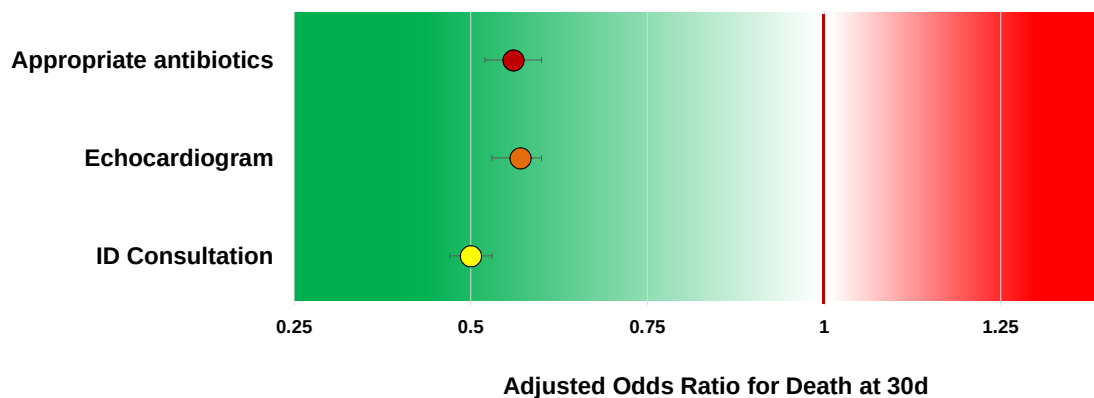


Kim, Clin Micro Infection 2021;27:69-75

Should we get an Infectious Disease consult?

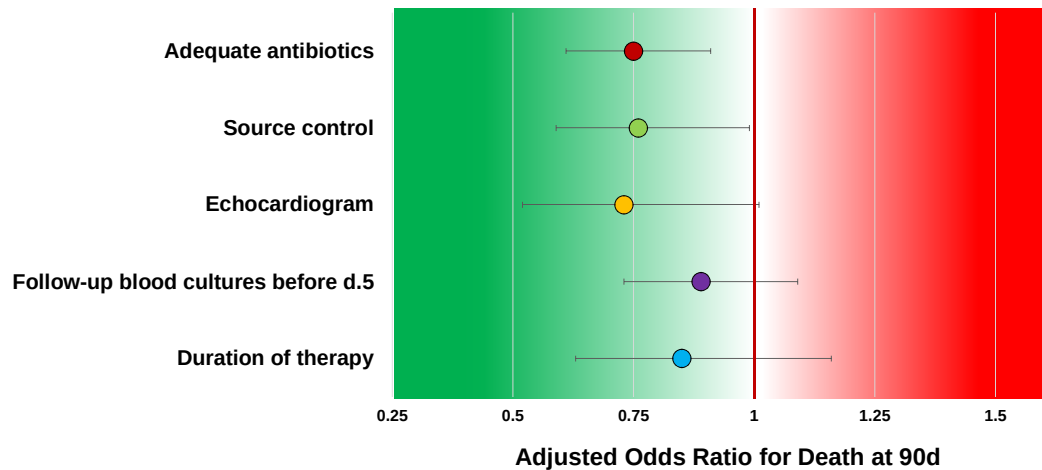
Care Processes and Mortality in *Staph aureus* Bacteremia

36,868 episodes of *Staph aureus* bacteremia, 124 VA hospitals, 2003-2014



Care Processes and Mortality in *Staph aureus* Bacteremia

1,784 episodes of *Staph aureus* bacteremia, multinational cohort, 2013-2015

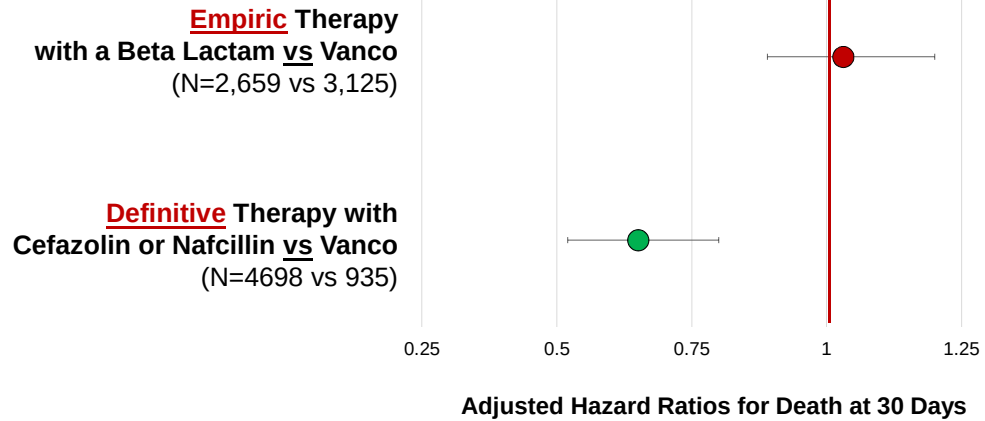


Escriva-Vidal, *Clin Micro Infection* 2023;29:498-505

What's the best drug to treat MSSA?
(methicillin-susceptible *Staph aureus*)

Vanco versus Beta Lactams

Retrospective analysis of all VA patients with positive blood cultures for MSSA, 2003-2010, N=5,784

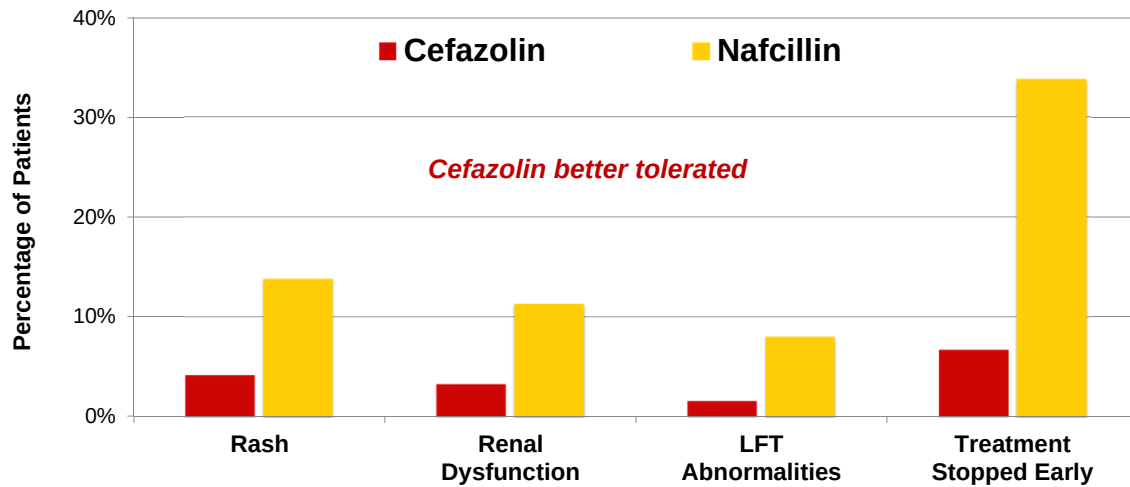


McDanel, Clin Infect Dis 2015;61:361-7

**Which beta-lactam should we use?
Cefazolin or Nafcillin?**

Tolerability of Cefazolin vs Nafcillin

Retrospective analysis of 485 patients with MSSA infections

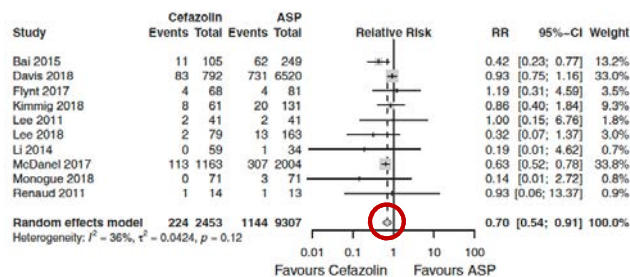


Youngster, *Clin Infect Dis* 2014;59:369-75

Cefazolin vs Nafcillin for MSSA Bacteremia

Meta-analysis of 14 observational studies, 11,760 patients

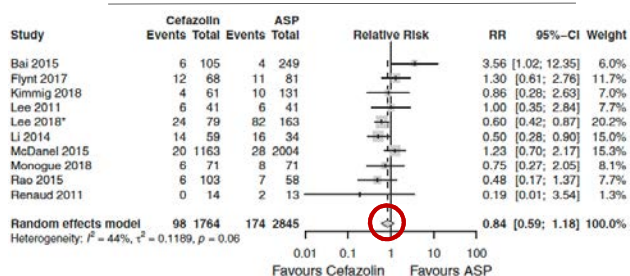
30d all cause mortality



Cefazolin associated with lower all-cause mortality

RR 0.70 (95% CI 0.54-0.91)

Treatment failure or relapse



No difference in treatment failure or relapse

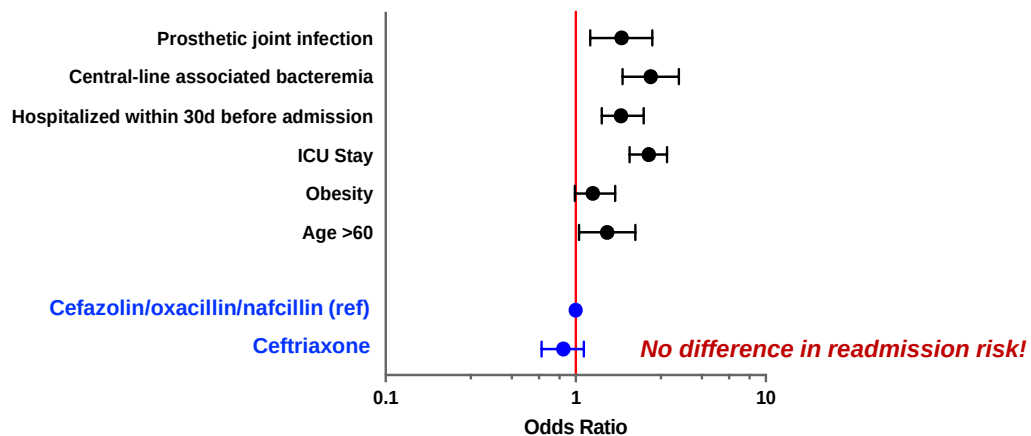
RR 0.84 (95% CI 0.59-1.18)

Weis, *Clin Micro Infection* 2019;25:818-827

**When this patient with MSSA bacteremia
is ready for discharge,
can we send her out on ceftriaxone?**

Ceftriaxone vs Cefazolin/Nafcillin/Oxacillin for MSSA Bacteremia

*Predictors of readmission in patients receiving outpatient antibiotics after hospitalization for MSSA bacteremia
N=1895 (1435 cefazolin/oxacillin/nafcillin and 460 ceftriaxone)*

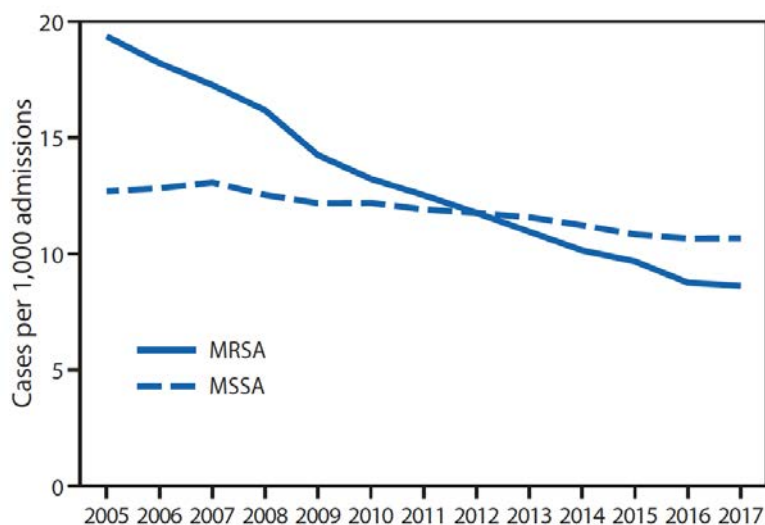


Case Study Continued

- The following day the patient shows further signs of improvement.
- She is more alert, less confused, and her temperature curve is normalizing.
- You review her blood cultures from admission:
 - 4/4 bottles were positive for MRSA
 - Yesterday's blood cultures are negative thus far.
 - Another set of blood cultures for today is pending.

Incidence of MRSA steadily decreasing

Incidence of Staph aureus infections in hospitalized patients, 130 VA hospitals, 2005-2017

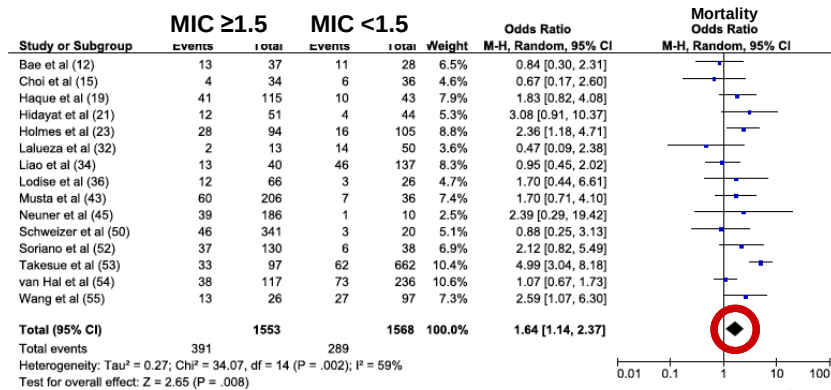


What's the best drug for MRSA?



Vanco MIC and Mortality

Meta-analysis #1



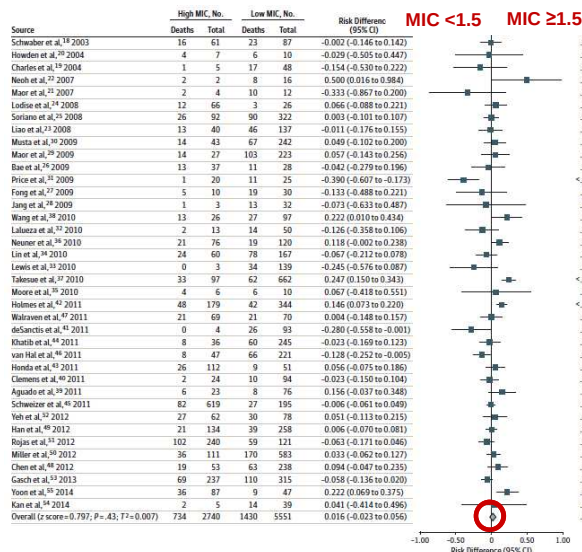
MIC < 1.5 MIC ≥ 1.5

OR for Death: 1.64
(95% CI 1.14-2.37)

Clin Infect Dis 2012;54:755-71

Vanco MIC and Mortality

Meta-analysis #2



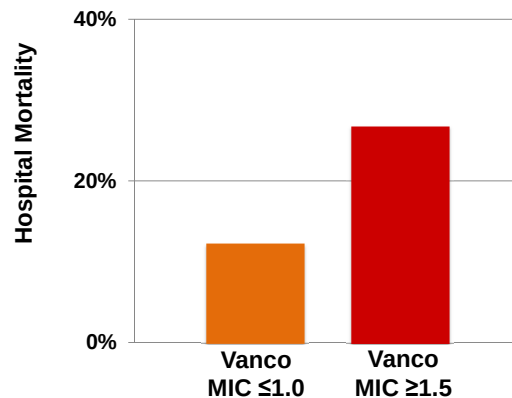
No difference!

JAMA 2014;312:1552-1564

Vanco MIC and Outcomes for **MSSA**

266 patients with **MSSA** bacteremia (8 hospitals), all treated with flucloxacillin

Higher mortality if vanco MIC ≥ 1.5 even though patients treated with B-lactam!

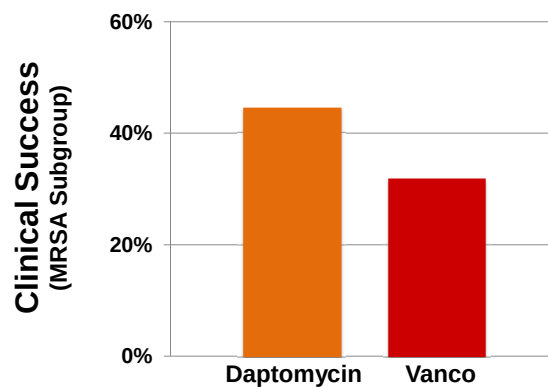


Holmes, *J Infect Dis* 2011;204:340-7

Vancomycin vs Daptomycin

Randomized trial of daptomycin vs standard therapy for *Staph aureus* bacteremia & endocarditis, N=124

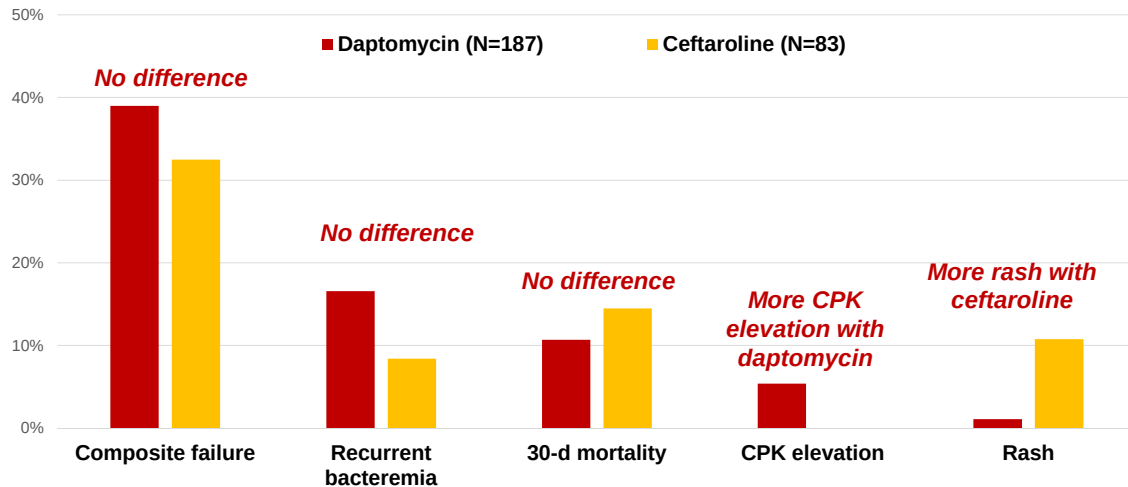
No difference!



Fowler, *N Engl J Med* 2006;355:653-665

Ceftaroline vs Daptomycin

Retrospective analysis of 270 patients with MRSA bacteremia, 83 treated with ceftaroline, 187 with daptomycin, outcomes compared using inverse probability of treatment weighting, 10 hospitals, 2010-2017

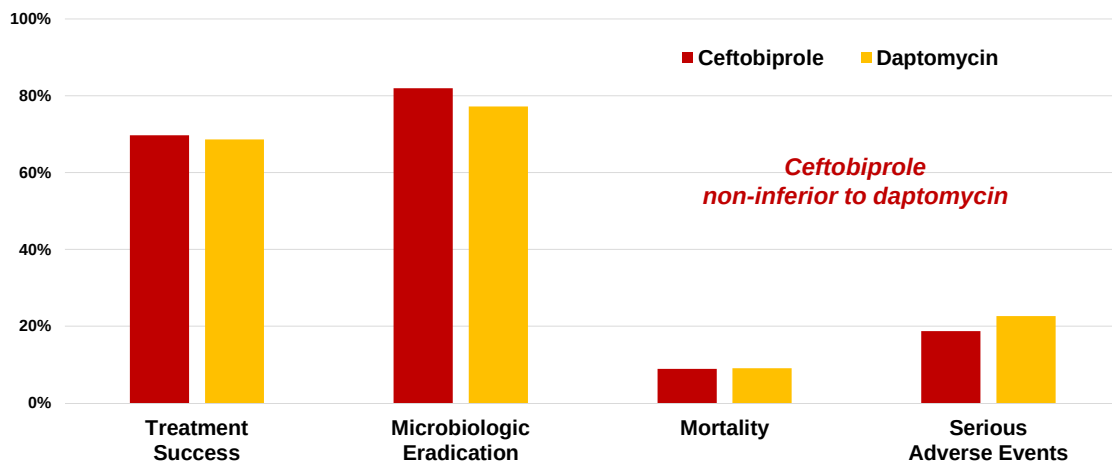


Zasowski, *Open Forum Infect Dis* 2022; doi.org/10.1093/ofid/ofab606

What about Ceftobiprole?*

*not yet FDA approved

390 patients with complicated *Staph aureus* bacteremia randomized to ceftobiprole vs daptomycin. Complicated = bacteremia for ≥ 3 d, hemodialysis, bacteremia secondary to soft-tissue infection, abdominal abscess, osteoarticular infection, septic thrombophlebitis, septic pulmonary embolus, epidural or cerebral abscess, or right-sided endocarditis

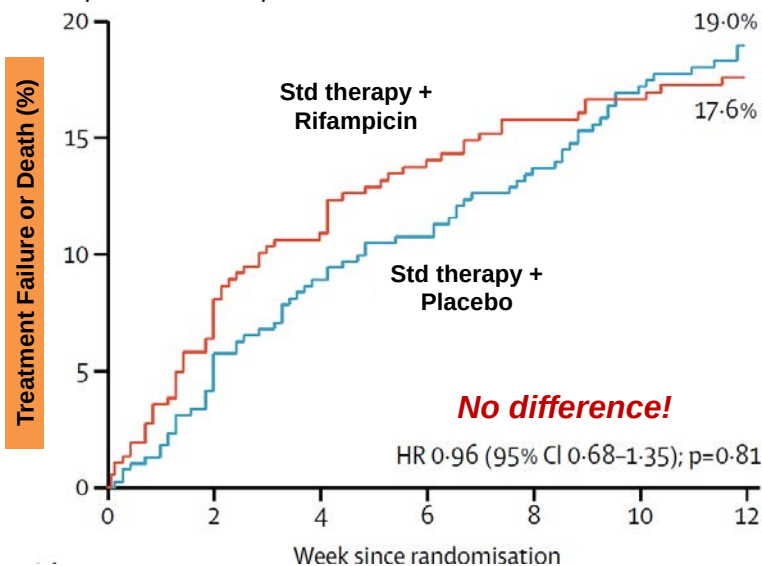


Holland, *NEJM* 2023;389:1390-1401

Would it help if we added rifampin?

Adjunctive Rifampicin for Staph aureus Bacteremia

758 patients with Staph aureus bacteremia randomized to standard therapy + rifampicin or placebo



Notes

- 94% had MSSA infections
- Standard therapy was flucloxacillin for 82% of patients
- Adverse events leading to changes in antibiotics more common in the rifampicin group (GI intolerance and AKI)

Do we need to get a transesophageal echocardiogram?

Endocarditis Prediction Rules

POSITIVE Cutoff: >4	PREDICT Cutoff: ≥2	VIRSTA Cutoff: ≥3
Time-to-positivity <9h (5) Time-to-positivity 9-11h (3) Time-to-positivity 11-13h (2) IV drug use (3) Emboli (6) Predisposing ht dz (5)	ICD (2) Pacer (3) Community-acquired (2) Healthcare-acquired (1) >72h bacteremia (2)	Emboli (5) Meningitis (5) ICD or hx endocarditis (4) Native valve disease (3) IV drug use (4) >48h bacteremia (3) Community or healthcare-acq (2) Sepsis or septic shock (1) CRP >190 (1)
Sensitivity: 78% NPV: 93%	Sensitivity: 85% NPV: 95%	Sensitivity: 99% NPV: 99%

Nosocomial *Staph aureus* Bacteremia

- o **Does the patient have any of the following?**

- o Bacteremia persisting for >4 days
- o Permanent intracardiac device
- o Hemodialysis dependence
- o Spinal infection
- o Osteomyelitis

- o **If no, then TEE unnecessary**

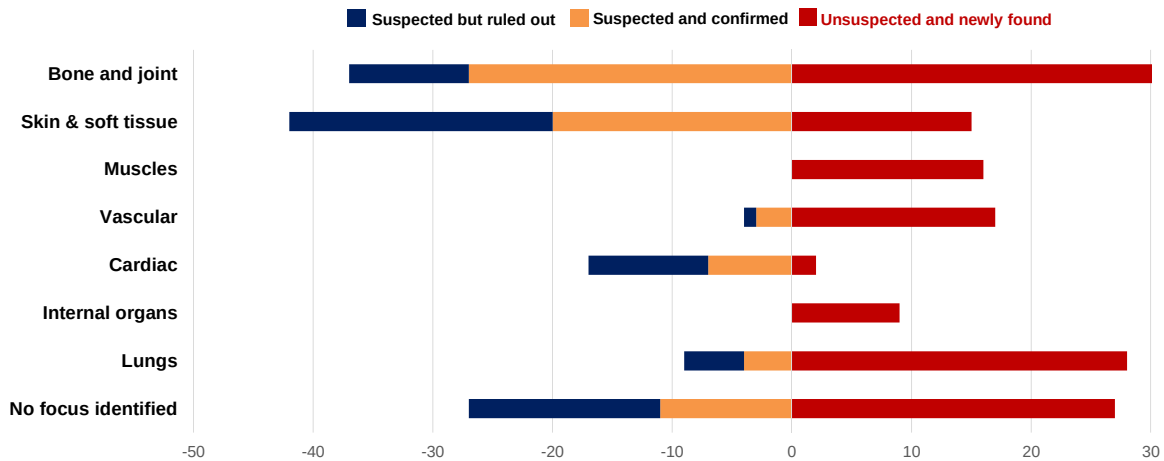
(Derived from retrospective analysis of 2 multicenter cohorts of patients with nosocomial *Staph aureus* bacteremia, N=706)

Clin Infect Dis 2011;53:1-9

Should we get a FDG-PET/CT scan?

FDG-PET/CT for *Staph aureus* bacteremia

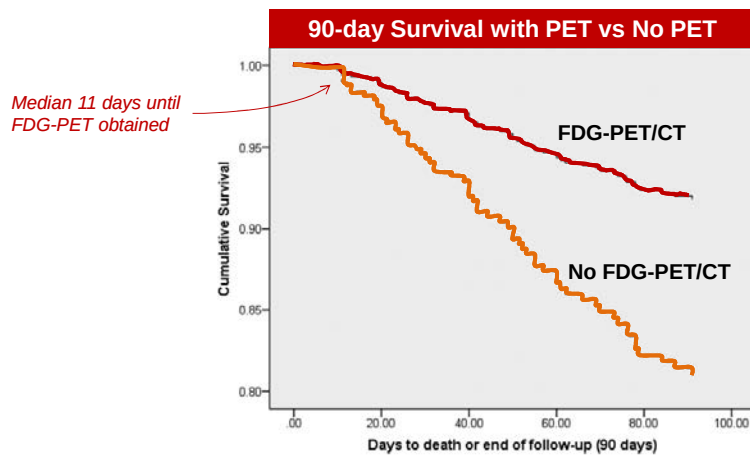
149 patients with 151 episodes of *Staph aureus* bacteremia referred for FDG-PET and compared to 151 matched controls with *Staph aureus* bacteremia who did not go for PET



Ghanem-Zoubi, *Clin Infect Dis* 2021;73:e3859-66

FDG-PET/CT for *Staph aureus* bacteremia

149 patients with 151 episodes of *Staph aureus* bacteremia referred for FDG-PET and compared to 151 matched controls with *Staph aureus* bacteremia who did not go for PET

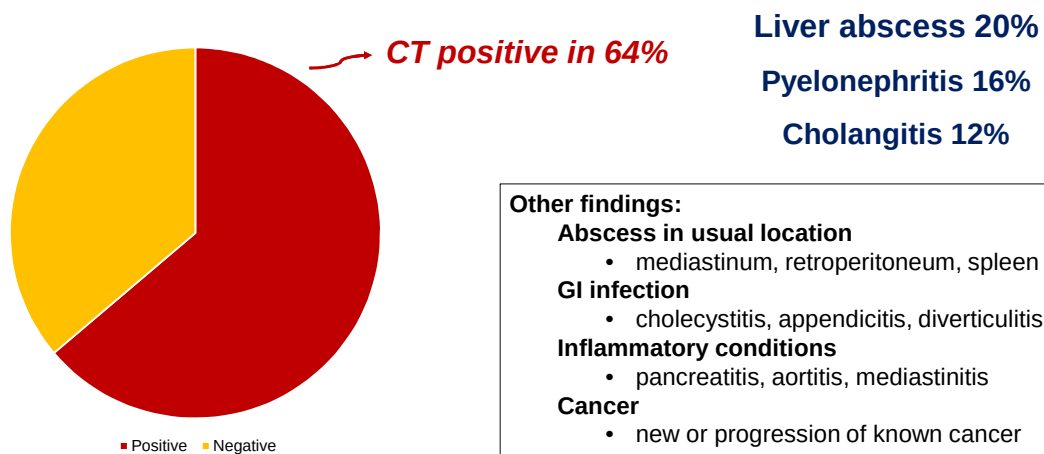


Ghanem-Zoubi, *Clin Infect Dis* 2021;73:e3859-66

A quick aside....

Utility of CT Abdomen in Sepsis of Unknown Origin

*Yield of CT abdomen in 218 ED patients diagnosed with sepsis of unknown origin in a large hospital in Taiwan.
Excluded patients with abdominal symptoms, obvious infectious focus before CT, or likely non-infectious fever.*



Case Study Continued

- A transthoracic echocardiogram shows decreased ejection fraction, moderate mitral regurgitation, but no vegetations on either the AICD leads or valves.
- A transesophageal echocardiogram, however, does confirm a 1.2cm vegetation on the mitral valve. No vegetations are seen on the AICD leads.
- The AICD generator and leads are removed.

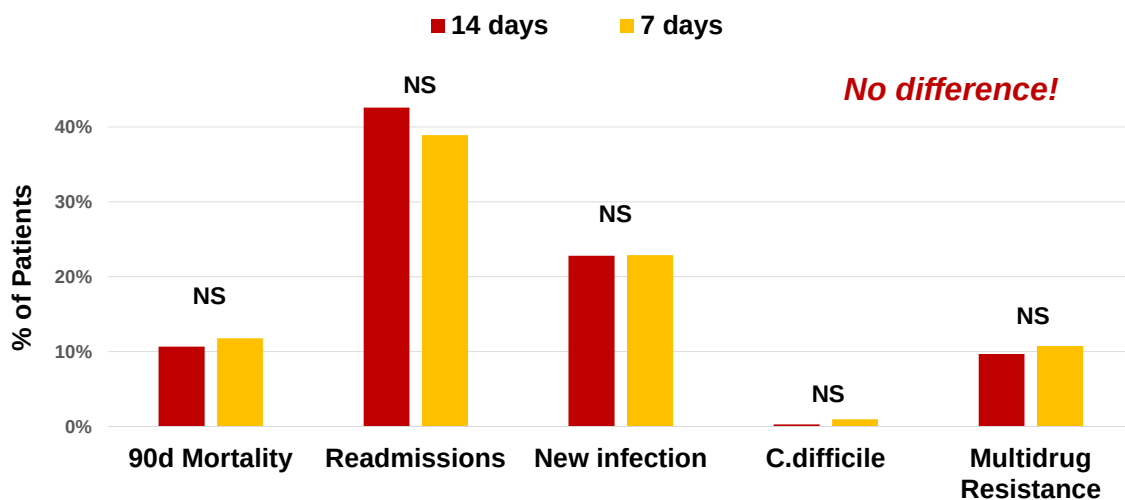
**How long should
we treat for?**

Depends on the Syndrome & Pathogen

- Some syndromes require longer courses:
 - Endocarditis
 - Osteomyelitis
 - Septic arthritis
 - Undrainable abscess
 - Unremovable prosthetic device infection
 - Severe immunosuppression (e.g. ANC <500 cells/mm³)
- Some pathogens require longer courses:
 - *Staphylococcus aureus*
 - 4 weeks default, 2 weeks if uncomplicated, 6 weeks if endovascular infection

Duration of Abx for **Gram Negative** Bacteremia: RCT 1

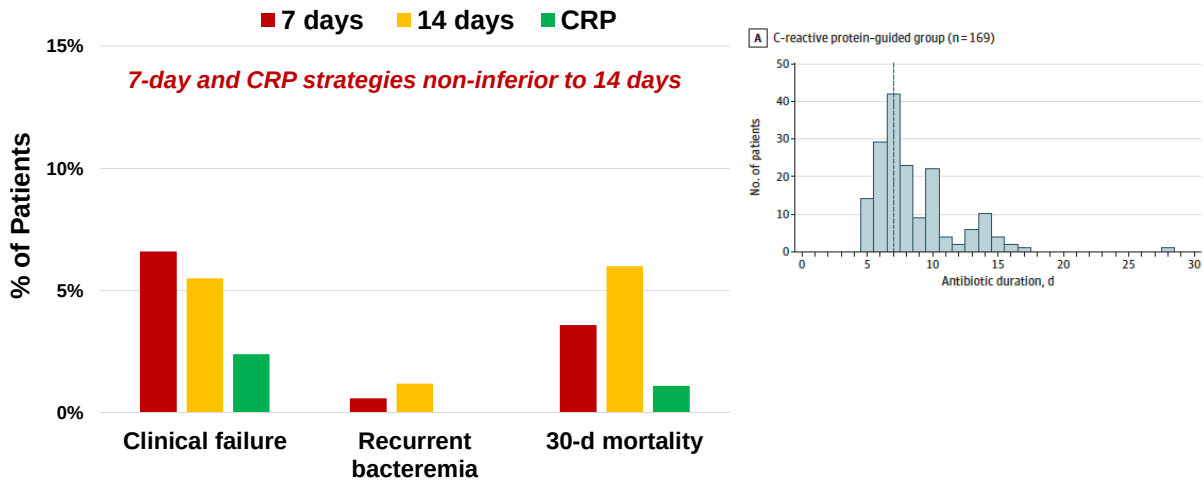
604 patients randomized to 7 vs 14 days of antibiotics for Gram negative bacteremia



Yahav, *Clin Infect Dis* 2019;69:1091-1098

Duration of Abx for **Gram Negative** Bacteremia: RCT 2

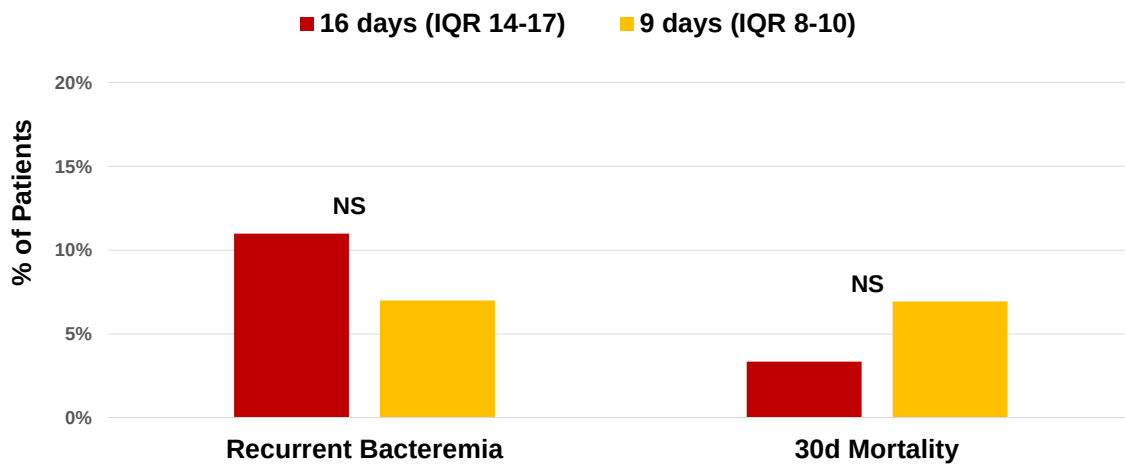
504 patients randomized to 7 days vs 14 days vs CRP-guided antibiotics for Gram negative bacteremia
CRP group: abx stopped when CRP dropped 75% from peak and patient afebrile $\geq 48h$



von Dach, JAMA 2020;323:2160-2169

Duration of Abx for **Pseudomonas** bacteremia: Propensity Analysis

Propensity-matched analysis of 249 patients from 5 hospitals with *Pseudomonas* bacteremia



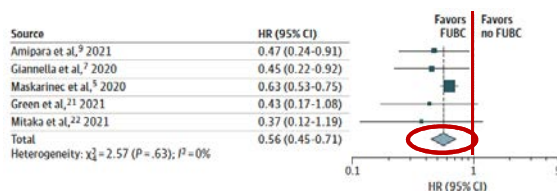
Fabre, Clin Infectious Dis 2019;69:2011-2014

Should we get follow-up blood cultures?

Follow-up Blood Cultures for Gram-Negative Bacteremia

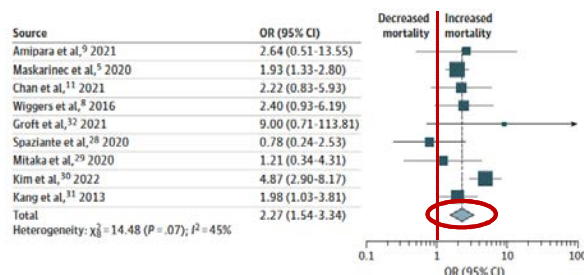
Meta-analysis of 15 observational studies assessing association between follow-up blood cultures and mortality in patients with gram-negative bloodstream infections, N=3495 patients

Association between **OBTAINING** follow-up blood cultures and mortality



Obtaining follow-up cultures associated with 44% lower hazard ratio for death (95% CI 0.45-0.71)

Association between **POSITIVE** follow-up blood cultures and mortality



Positive follow-up cultures associated with a 2.3-fold higher odds of death (95% CI 1.54-3.34)

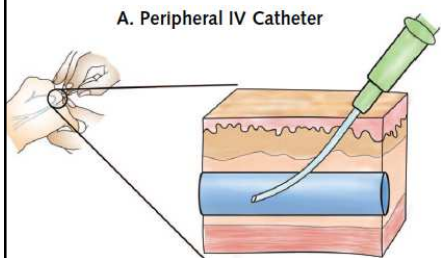
Should we place a PICC line?

MAGIC Guidelines

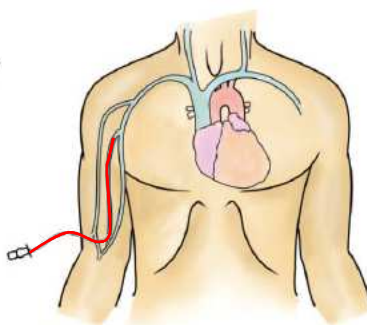
<5 days

6 to 14 days

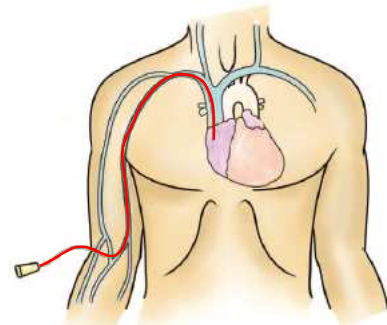
>14 days



Peripheral IV



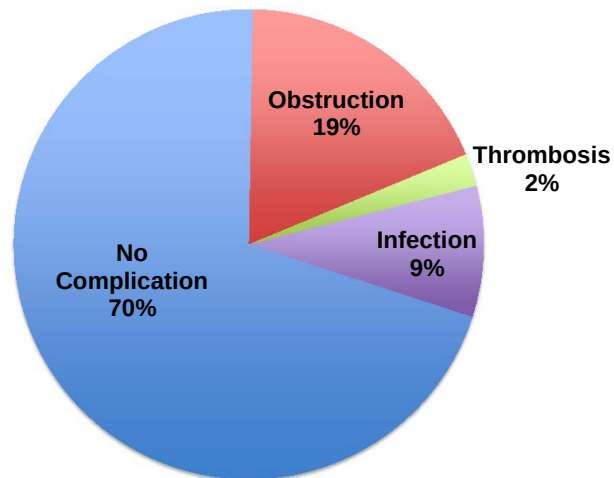
Midline



PICC Line

PICC Line Complications

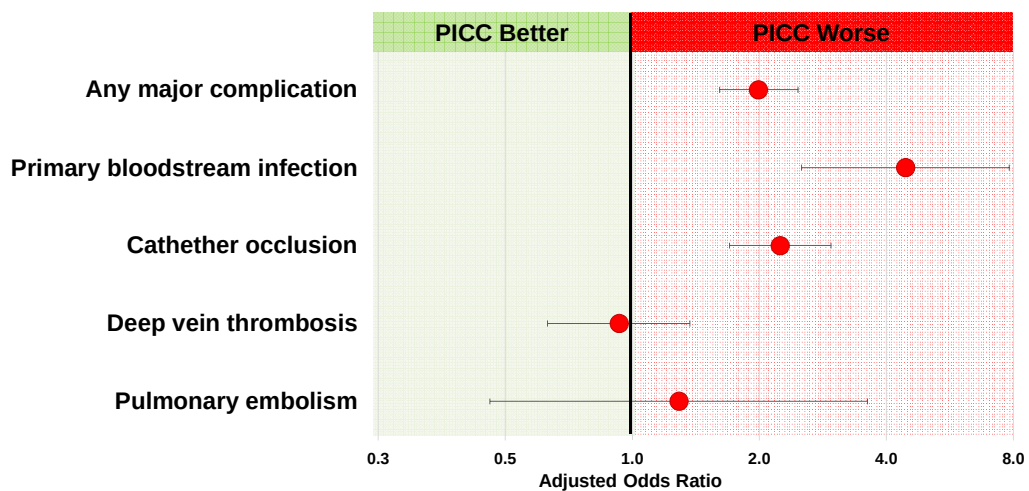
Prospective Surveillance of 222 PICC Lines Placed by IR in a French Hospital. Median Duration 17 days.



Medecine et Maladies Infectieuses 2013;43:350

PICC lines vs Midlines

Complication rates in 5758 patients with PICCs vs 5105 with midlines, all placed for difficult venous access or short-term intravenous antibiotics, 48 Michigan hospitals, Dec 2017-Jan 2020



Swaminathan, JAMA IM 2022;182:50-58

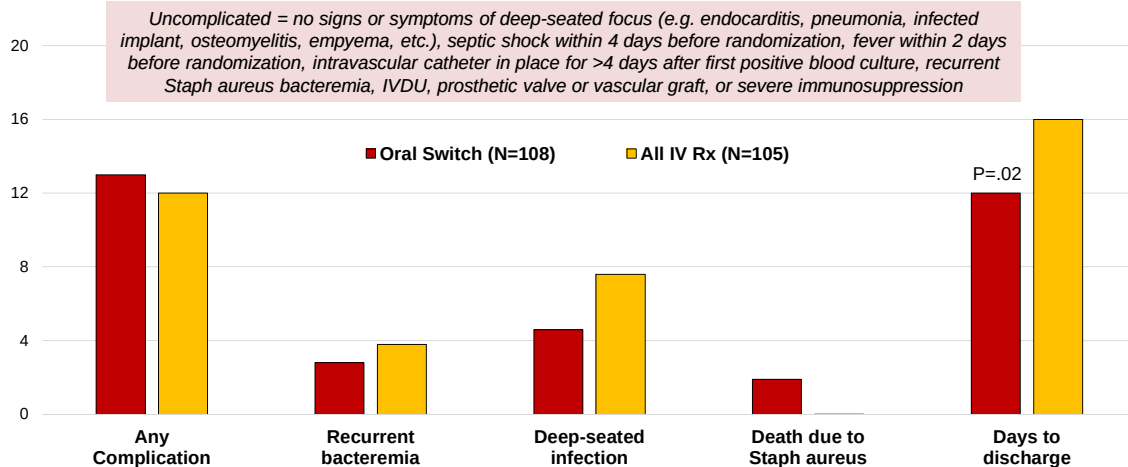
Can we treat with orals?

TREATMENT OF RIGHT-SIDED STAPHYLOCOCCUS AUREUS ENDOCARDITIS IN INTRAVENOUS DRUG USERS WITH CIPROFLOXACIN AND RIFAMPICIN

- 14 IV drug users with right-sided *Staph aureus* endocarditis treated with ciprofloxacin + rifampin
 - Cipro given IV x 1 week then 750mg PO x 3 weeks
 - Rifampin 300mg PO bid x 4 weeks
- 10 completed therapy – all were cured

Early switch to orals for *Staph aureus* bacteremia

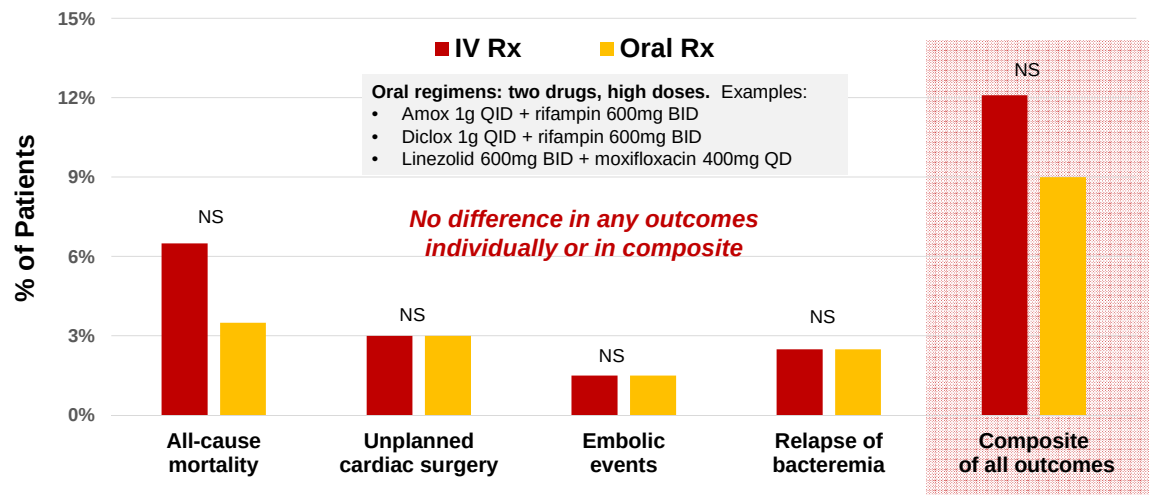
213 patients with uncomplicated *Staph aureus* bacteremia randomized to orals vs IV abx after 5-7 days of IV abx. All patients treated for a total of 14 days. Most common orals were TMP-SMX (58%) and clindamycin (32%).



Kaasch, *Lancet Infectious Diseases* 2024;24:523-524

Partial Oral vs IV Antibiotics for Endocarditis

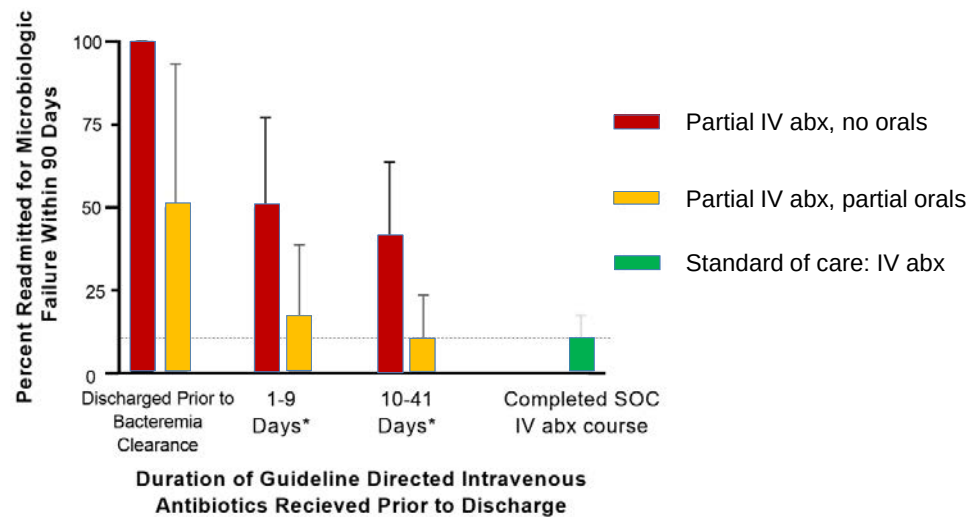
400 patients with left-sided endocarditis randomized to IV vs oral antibiotics following 10d IV Rx



Iversen, *N Engl J Med* 2019;380:415-424

Orals for complicated *Staph aureus* bacteremia: real world

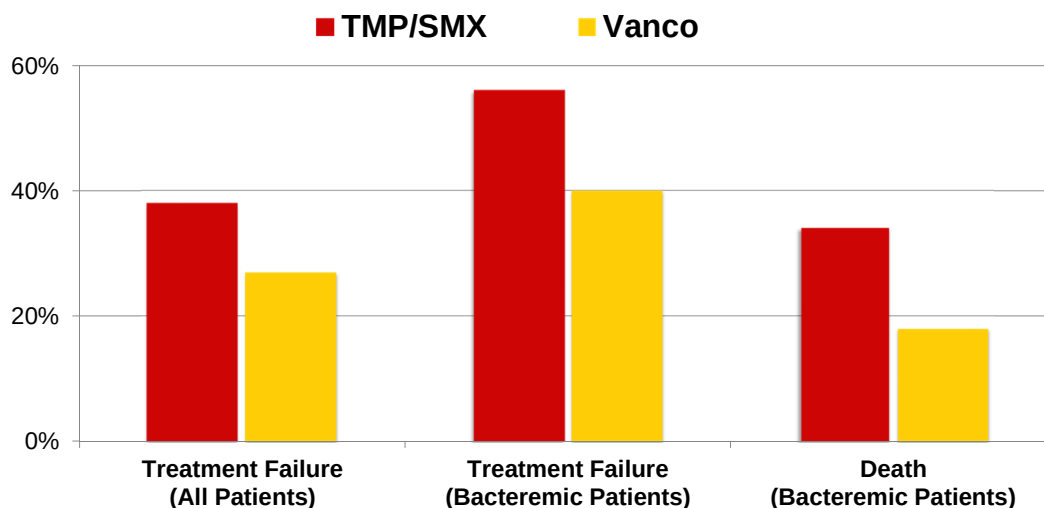
238 patients who inject drugs hospitalized with complicated *Staph aureus* bacteremia
(endocarditis, vertebral osteomyelitis, septic arthritis, epidural abscess), Barnes Jewish Hospital, 2016-2021



Wildenthal, *Clin Infect Dis* 2023;76:487-496

TMP/SMX vs Vanco for Serious MRSA Infections

252 patients with MRSA infections randomized to TMP/SMX 320/1600mg q12h (PO or IV) vs vanco 1g IV q12h



Paul, *BMJ* 2015;350:h2219

Summary

- o One drug sufficient for *Pseudomonas* bacteremia once susceptibilities known
- o Carbapenems preferred for ESBL bacteremia
- o Cefazolin is the drug of choice for MSSA bacteremia
- o Vancomycin & daptomycin are the drugs of choice for MRSA bacteremia
- o High vanco MIC variably associated with worse outcomes; not clear if switching to another drug will make a difference
- o TEE if community onset *Staph aureus* bacteremia, ≥ 2 -3 days of positive blood cultures, pacer/ICD, structural heart disease, IVDU, hemodialysis, or embolic phenomena
- o Treat uncomplicated gram-negative bacteremia for 7 days, *Staph aureus* for 2-6 weeks
- o Oral agents for endocarditis seem to be okay after 1-2 weeks IV Rx
- o 20-30% complication rate for PICCs; avoid if possible.

Thank You!

For all the
lives we touch

Clean hands protect our patients.

Always perform hand hygiene
and help others do the same.



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